

ACTIVITY CARD SORT NL 2.0:

FUTURE PROOF DEVELOPMENT OF AN INSTRUMENT MEASURING PARTICIPATION IN ACTIVITIES

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CREATING TOMORROW



AIM OF THIS PRESENTATION

- To share experiences of implementation and development of the ACS- NL;
- in practice, education and research.
- Foster research and collaboration with professionals, students and clients.
- Inspire you with the power of photos illustrating activities.

INTRODUCTION

- Participation involves active engagement in daily life, in families, in work and in communities (Christiansen et al., 2005).
- Engagement in social activities key determinant for healthy ageing (Piskur, 2012)
- The enablement of engagement in desired and/or needed occupations is core domain OT (Townsend & Polatajko, 2007).

ACTIVITY CARD SORT - NL

Instrument

Assessment of the perceived level of participation (Baum, 2006)
Photo based, Dutch Version (van Nes, Jong, 2012)
Focus on 79 instrumental, leisure and social activities

Scores

Provides an activity level (score range: 0 – 100+):
Percentage of activities,
currently engaged in vs. involved with, prior to illness or life event.
Overall score or a domain score.
Selection five activities that are most important to them.

ACTIVITY CARD SORT - NL

- Comprises four domains:

- instrumental activities
- social activities
- high-demand leisure activities
- low-demand leisure activities

- Versions:

- institutional
- recovering
- community

- Provides an activity level (score)

- Labels



ACS-NL IN PRACTICE

- | | |
|--|------|
| •Cultural evaluation | 2008 |
| •Translation | |
| •Expert meetings | 2010 |
| •Instrument development and design | 2012 |
| •Development ACS-NL course | 2013 |
| | |
| •Release Dutch guidelines for OT in stroke | 2013 |
| •160 OT's educated and trained | 2015 |
| •Development ACS-NL 2.0 | 2015 |



TAFEL DEKKEN

ACS-NL IN EDUCATION

- Implement in OT bachelor curricula
- Educate students and teachers

Student (research) projects in :

- Digital scoring form
- Tablet / web-application
- Online community platform
- Midlife'- version
- ACS-NL 2.0

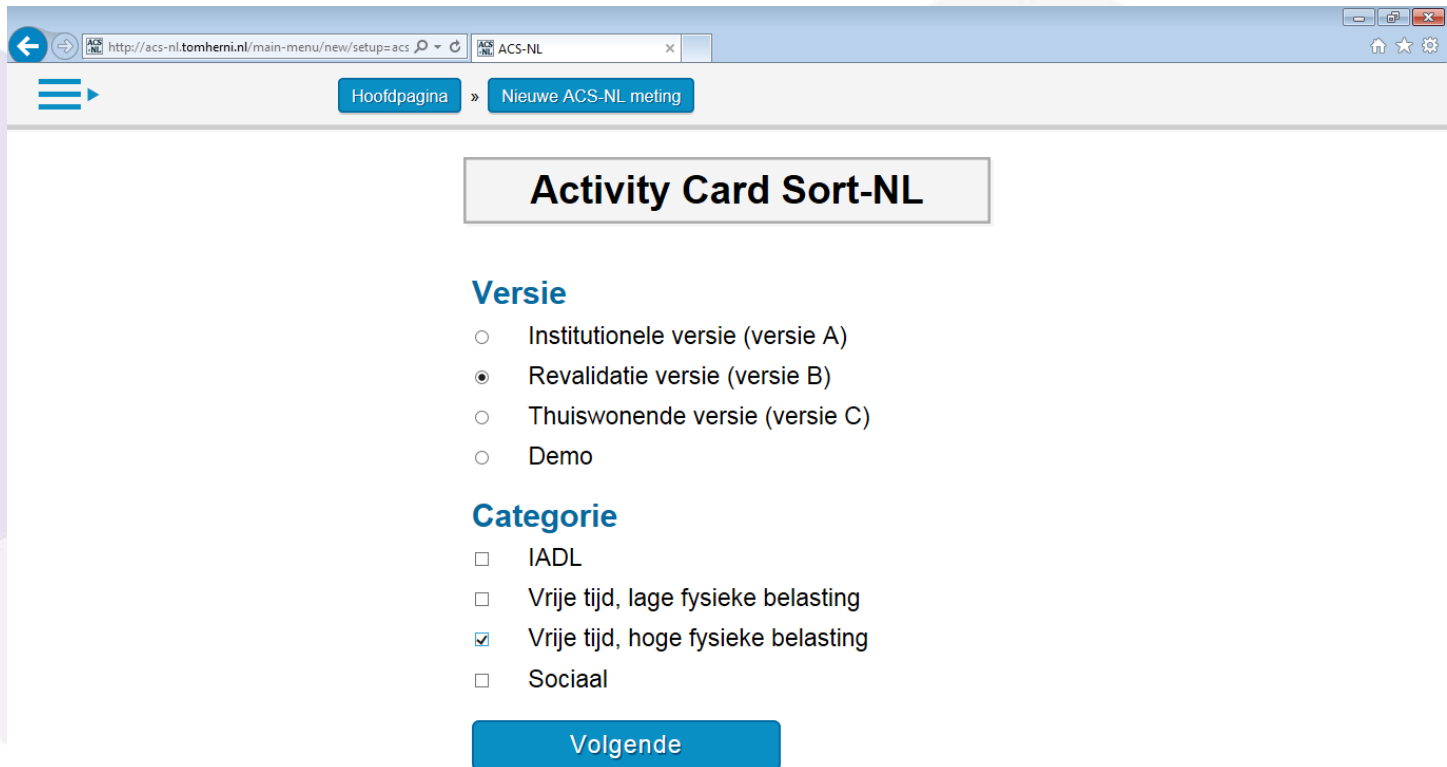


DIGITAL SCORING FORM

Hogeschool van Amsterdam Activity Card Sort NL									
B. Revalidatie versie									
Gebaseerd op Baum, C. & Edwards, D. (2008). Activity Card Sort, 2nd edition. Bethesda, MD: AOTA Press.									
Naam cliënt: TEST		Naam instelling: AMC							
Geboortedatum:		Diagno: CVA							
Naam ergotherapeut: Soemitro									
Datum: 22-04-2014									
Nummer	Activiteiten (IADL)	Doe het niet meer	Doe het minder	Begin het opnieuw te doen	Blijven doen	In het verleden gedaan	Nieuwe activiteit	Niet gedaan	Tevredenheid
23	Rusten		0,5			1			1
24	Naar de kapper gaan			0,5		1			
25	Op (klein)kinderen passen				1	1			
Totaal IADL activiteiten		0	0,5	0,5	4	6	0		2
									3
<div> <div>Notities</div> <div> <div>Huidig 5</div> <div>Vroeger 6</div> <div>% Behouden 83,3%</div> </div> </div>									

Formulier A
Formulier B
Formulier C
Opmerkingen

TABLET / WEB APPLICATION



Activity Card Sort-NL

Versie

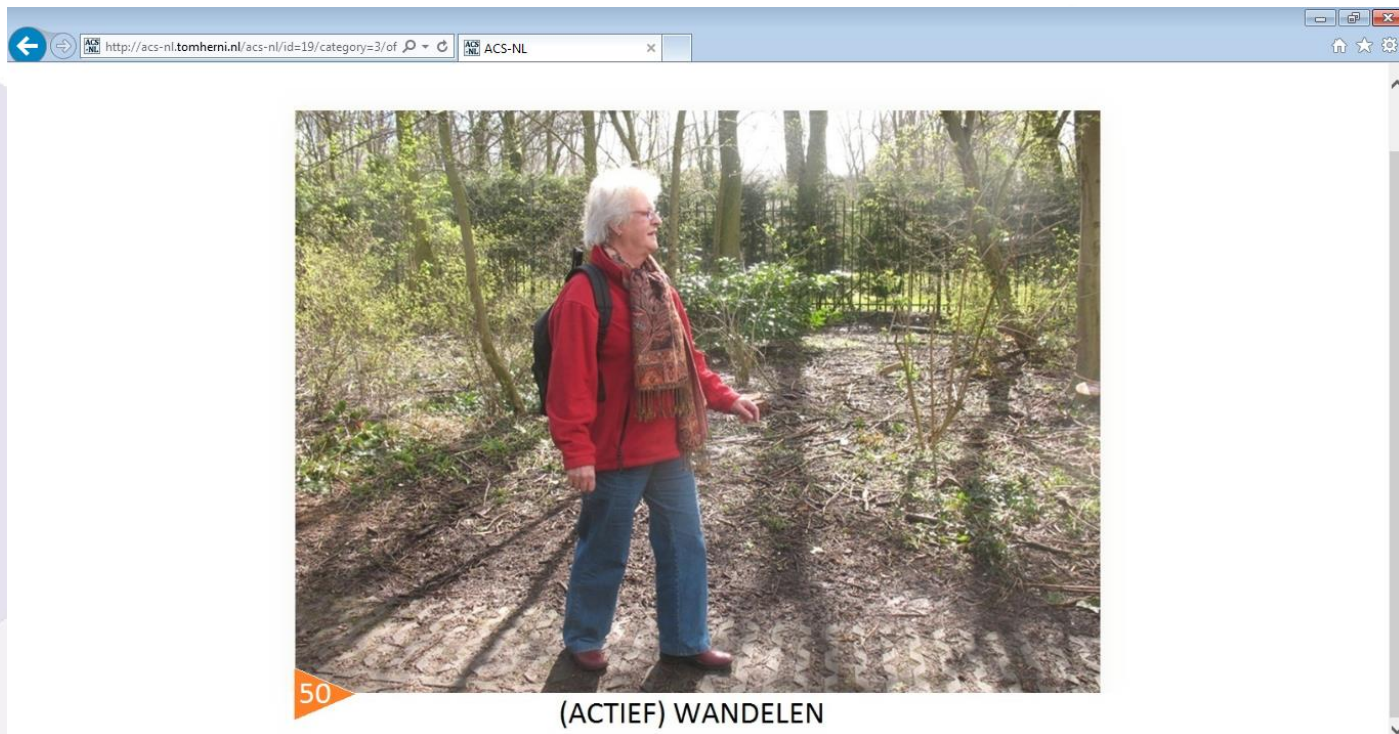
- ☐ Institutionele versie (versie A)
- ☒ Revalidatie versie (versie B)
- ☐ Thuiswonende versie (versie C)
- ☐ Demo

Categorie

- ☐ IADL
- ☐ Vrije tijd, lage fysieke belasting
- ☒ Vrije tijd, hoge fysieke belasting
- ☐ Sociaal

Volgende

[ACS - LINK](#)



Browser window showing the ACS-NL website interface. The address bar displays: <http://acs-nl.tomherni.nl/acs-nl/id=20/category=3/of>. The page title is ACS-NL.

The main content area features a central image of an elderly person walking in a wooded area, labeled (ACTIEF) WANDELEN. To the left of the image are three blue buttons: Blijven doen, Begin het opnieuw te doen, and Nieuwe activiteit. To the right are three blue buttons: Doe het minder, Doe het niet meer, and Niet gedaan. Below the central image are two buttons: Vorige and Volgende.

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Browser address bar: <http://acs-nl.tomherni.nl/acs-nl/id=20/category=3/of> ACS-NL

Navigation: Hoofdpagina » ACS-NL

Blijven doen

Begin het opnieuw te doen

Nieuwe activiteit



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(ACTIEF) WANDELEN

Doe het minder

Doe het niet meer

Niet gedaan

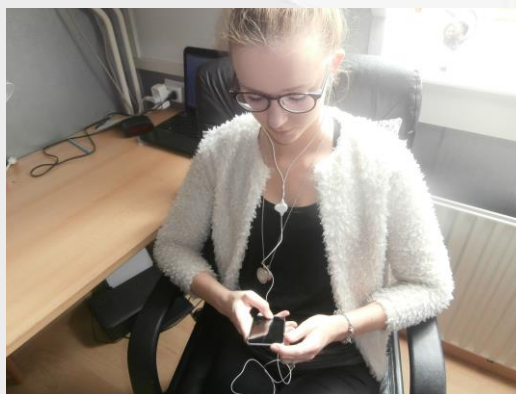
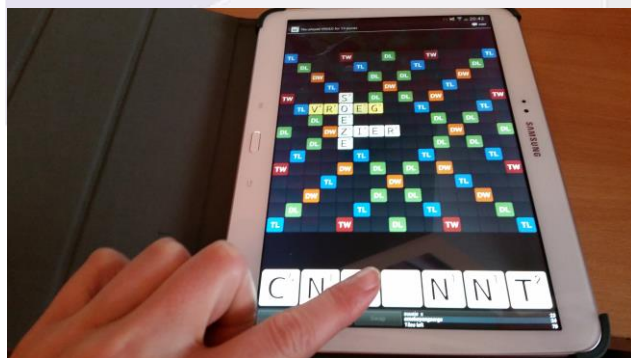
Navigation: Vorige Volgende

'MID-LIFE DRAFT VERSION' ACS-NL

- For younger clients
- Work-life-balance
- Chronic fatigue syndrome (CFS)
- Interventions 'Energy Conservation'¹ and 'Energiek'²

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ACS-NL IN RESEARCH



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VOGELS KIJKEN

CONSTRUCT VALIDITY OF THE DUTCH VERSION OF THE ACTIVITY CARD SORT

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CONSTRUCT VALIDITY OF THE ACS-NL (1)

Methods

Participants and setting

sample of 191 individuals with PD participating in the Occupational Therapy in Parkinson's Disease (OTiP) study (Sturkenboom et al., 2013)

Study design

cross sectional study

Inclusion criteria

idiopathic Parkinson's disease, live at home, difficulties in valued daily activities

Analysis

discriminative validity: extreme-group design (**Hoehn and Yahr** stages 1 and 3); Mann-Whitney test

convergent validity: **ACS-NL**, Canadian Occupational Performance Measure (**COPM**) and the Parkinson's Disease Questionnaire (**PDQ-39**); Spearman's *r*

ACS-NL satisfaction with COPM and the Utrecht Scale for the Evaluation of Rehabilitation Participation (**USER-P**).

CONSTRUCT VALIDITY OF THE ACS-NL (2)

Results

discriminative validity: good ($U = 576.5, p < 0.001$)

convergent validity: weakly COPM scores ($r = .19, p < 0.001$)
moderately PDQ-39 scores ($r = .44$ to $.55, p < 0.001$)
weakly COPM satisfaction scores ($r = .22, p < 0.001$)
moderately USER-P satisfaction scores ($r \geq .46, p < 0.001$).

Conclusions

good discriminative validity
weak to moderate convergent validity
ACS-NL provides additional information
on participation in individuals with PD
added measure of self-perceived satisfaction seems redundant.

ACS-NL 2.0

- OT's experiences and recommendations from practice and research:
 - Less bright colors
 - Digital version
 - Improvement manual
 - Improvement scoring forms
 - More practical, feasible, less time consuming
 - Extra label "want to do again"
 - Improvement clinimetric properties
- ACS 2.0 Pilot version:
 - One scoring form , one version
 - New satisfaction measure
 - New frequency measure
 - Focus on prioritized activities

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THANK YOU FOR YOUR ATTENTION !

QUESTIONS ?

