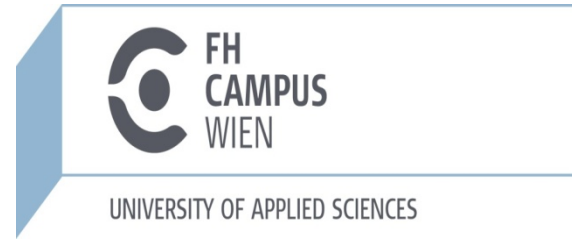




Zürcher Hochschule
für Angewandte Wissenschaften



JIP:
International collaboration
on student and research
projects
related to health-promotion,
salutogenesis, and self-
management



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Time frame

14.30: introduction JIP project

15.00: groupwork 1, 2, and 3

15.20: presentation and discussion of groupwork

16.00: closure

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2012

- International meeting HAN University of Applied Sciences Nijmegen (NL)
- Different partner institutions expressed need for
 - international activities
 - internationalisation at home
 - exchange

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Joint International Project

Overall aim

To provide an international multi-professional network for European students to complete their final degree project in the areas of Health Promotion and Self-Management.

Further objectives:

To promote international projects among different institutions and professions

Knowledge exchange

Staff and students

- work parallel and/or together on a joint topic
- produce material related to the joint topic which is applicable for their own practice

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Joint International Project

Key outcomes

- To facilitate more joint research projects between students and/or staff of institutions in higher education
- To increase knowledge about key concepts and models in Health Promotion and Self-Management
- To facilitate international and inter-professional collaboration between students and staff.

Joint International Project TOPIC

- Related to national, professional and societal developments
- Recognized and applied by different health professions
- Related to institutional (research) topics or spearheads
- Topic should give focus

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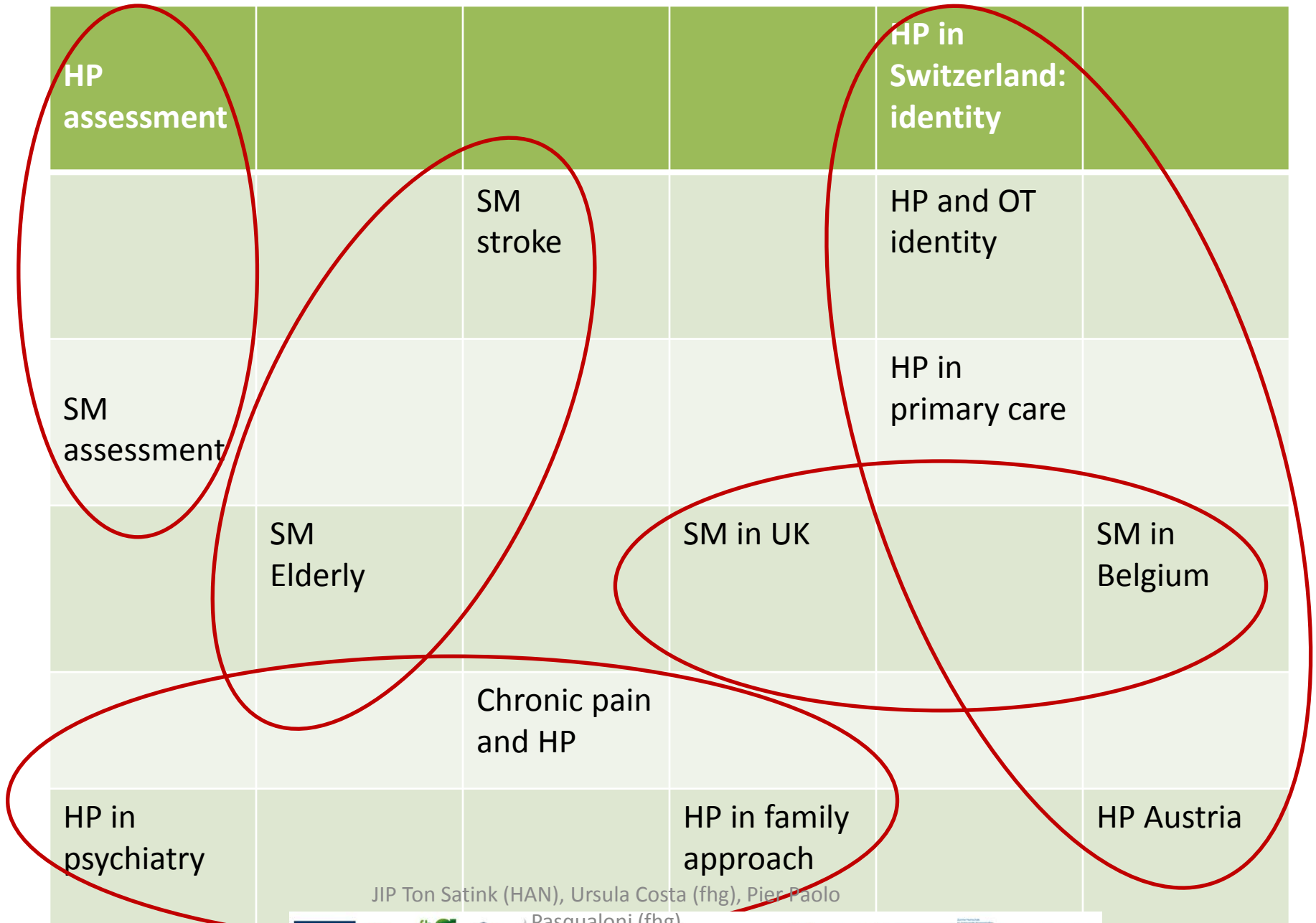
Health Promotion and Self-management

Health promotion (HP) and self-management (SM) are topics that are related to big societal and professional developments.

HP & SM rather new for several professions and/or countries.

- Different topics in HP & SM
- Multi-inter professional
- Different client groups
- Different project questions

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JIP ...



2012: International conference at HAN

- Start of the development of a multiprofessional JIP
- Internationalization possible through JIP
- Possibilities in bachelor thesis to combine internationalization
- Focus on research and practice related to *Health promotion & Self-management*

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JIP development

2013-2014: first JIP-OT projects

- OT-students from ZHAW Winterthur (CH), fhg Innsbruck (A) and HAN Nijmegen (NL) meet at fhg Innsbruck
- 7 BSc-Theses & 2 MSc-Projects
- Development draft 'studyguide' and format project proposal

May 2014: multiprofessional JIP meeting at HAN Nijmegen

- Further development, inspiration & action plan
- Proposal for next meeting in Portugal



December 2014: meeting of OT students and lecturers in Innsbruck

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JIP development

2014-2015:

- JIP-OT projects
- JIP-OT students and teachers meeting in Winterthur
- Application ENOTHE funding JIP-OT projects
- First agreements JIP-ST projects and JIP-Nutrition & Dietetics

May 2015: second multiprofessional JIP meeting in Porto

- Welcoming new institutions and professions
- Refinement mission and aim
- Defining new JIP projects
- Decision to organise combined JIP meeting for students and staff
- Planning future JIP activities
 - Innsbruck – December 2015
 - Galway – June 2016

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Process of OT-JIP projects - current situation

- Formulated by institutions: researchers / lecturers / students on format 'project proposal'
- Shared among institutions - refined
- Communicated to students
- Students sign in and start with project, exchange with other students from other JIP-projects
- Students get supervision along the way by own supervisor
- Students meet, join, share, exchange, and learn in JIP-student meeting and on e-learning platform
- Students finish OWN products for own institutions

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Reflections JIP-OT projects

2013 - 2014

2014 - 2015

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Examples of Products

Austria :

Buchbauer-Heim, Silvia (2015). „Because your child is different“. Challenges and strategies in everyday life of working mothers of school-aged children with developmental delay/-disorder. Master thesis. Master thesis. Innsbruck: University of Applied Sciences Tyrol (fhg).

Vogel, Theresa (2015). Coping with everyday life – A narrative study about the everyday life of parents with children with multiple disabilities in Tyrol. Master thesis. Master of Science in Occupational Therapy, University of Applied Sciences Tyrol, Innsbruck, Austria.

These two Master theses merged from the work within the JIP: „Resources of working mothers of children with developmental problems“. Master thesis. Innsbruck: University of Applied Sciences Tyrol (fhg).

Ladner, Christiane (2015). Promoting children's and adolescents' health through occupational therapy related to engagement in leisure . Bachelor thesis. Innsbruck: University of Applied Sciences Tyrol (fhg).

Stern, Miriam (2015). Occupational Therapy to promote senior residents' health and quality of life. Bachelor thesis. Innsbruck: University of Applied Sciences Tyrol (fhg).

UK: *Brunel University, London*

Retirement transition: an occupational perspective

Kylie Wong, interviewed 6 people, retired within the past 2 years

NL: *HAN University of Applied Sciences, Nijmegen*

Self-management in stroke rehabilitation; Esther Gelton & Wietske Paalhaar (2013)

Occupational therapy 2020: societal developments and OT; Anne Jansen, Jesse Slegten, Joery van den Bogaard, Lisa Brandts (2015)

Students' reflections 2013-2014

Student meeting is informative and great to meet

- Social event: everything around the meeting
- Final discussion with teachers valuable

Little bit difficult that every student was on an other point of the own research / thesis.

- Someone already finished, another not yet started

Differences between timeframes and dates for handing in the papers.

More meetings would be helpful

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Students' reflections

- Gained a lot for the Bachelor thesis/research
- Exchange ideas throughout the countries gives you an idea about the future of OT and what OTs really do and could do
- Good to have moodle for further discussions and materials
- Skype works well for this format



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Reflections on JIP-OT meeting Jan. 2015

- Students happy with the outcomes of the 2 days meeting in Winterthur
- Enough time to get into the details and have discussions
- Preparation beforehand was good and helpful, good to send the questions and expectations beforehand
- Skype and personal meeting teachers was very good

Lecturers' reflections

Good to have a common topic

Positive how

- students work together internationally on one common topic
- students share knowledge internationally
- students gain experiences in working internationally
- students discover similarities and differences between countries, curricula, knowledge, teaching/learning styles and learning from each other

Lecturers' reflections

Challenges

- find out about different time frames for students
- develop paper/studyguide describing the JIP agreed upon all members
- a well organized platform to communicate and store material
- coordinating
- involvement of all partner institutions
- create inter/multiprofessional project questions
- work on same project question in two different countries

Continue student meetings

Groupwork 1

Collect ideas regarding following questions:

What are your experiences in stimulating distance-learning among students from different countries and professions?

Presentation groupwork

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Groupwork 2

What examples/experiences do you have in using e-learning tools?

What is needed to use e-learning tools successfully?

What are pitfalls?

Presentation groupwork

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Groupwork 3

Which chances do you see for future developments of joint international research projects among existing and new participating institutions?

Presentation groupwork

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Final questions and discussion

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Groupwork 4 (for Galway)

What is important to take into account when setting up and when successfully conducting a project with students and lecturers on an international level?

Presentation groupwork

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