

Appendix 1 to the Final JIP Report

Outcomes of the Joint International Project on Health Promotion and Self-Management

Bachelor thesis and master thesis or master project works realised during 2013-2016 in the JIP Project

Austria: University of Applied Sciences Tyrol (fhg), Innsbruck

Buchbauer-Heim, S. (2015). *Because our child is different. Challenges and strategies in everyday life of working mothers of school-aged children with developmental delay/-disorder.* (Master thesis), University of Applied Sciences Tyrol, Innsbruck.

Vogel, T. (2015). *Coping with everyday life – A narrative study about the everyday life of parents with children with multiple disabilities in Tyrol.* (Master thesis), University of Applied Sciences Tyrol, Innsbruck.

These two Master theses merged from the work within the JIP: *Resources of working mothers of children with developmental problems.* (Master thesis), University of Applied Sciences Tyrol, Innsbruck.

Ladner, Ch. (2015). *Promoting children's and adolescents' health through occupational therapy related to engagement in leisure.* (Bachelor thesis), University of Applied Sciences Tyrol, Innsbruck.

Stern, M. (2015). *Occupational Therapy to promote senior residents' health and quality of life.* (Bachelor thesis), University of Applied Sciences Tyrol, Innsbruck.

Handsuh, A. (2016). *The implementation of the KRAH®- model in Occupational Therapy of people with chronic pain.* University of Applied Sciences Tyrol, Innsbruck.

UK: Brunel University, London

Retirement transition: an occupational perspective. Kylie Wong interviewed 6 people, retired within the past 2 years.

NL: HAN University of Applied Sciences, Nijmegen (HAN)

Gelton, E. & Paalhaar W. (2013). *Self-management in stroke rehabilitation.* (Bachelor thesis), HAN University of Applied Sciences, Nijmegen.

Jansen, A., Slegten, J., van den Bogaard, J., Brandts, L. (2015). *Occupational therapy 2020: societal developments and OT.* (Bachelor thesis), HAN University of Applied Sciences, Nijmegen.

Switzerland: Zurich University of Applied Sciences (ZHAW), Winterthur

Keller, M. (2014). *Self-management in Occupational Therapy for clients with a stroke*. (Bachelor thesis), Zurich University of Applied Sciences, Winterthur.

Griebsch, S. (2015). *Together active in higher age! Health promoting occupational therapy to enhance social participation among the elderly*. (Bachelor thesis), Zurich University of Applied Sciences, Winterthur.

Heuberger, L. (2014). *Self-management and Occupational Balance of mothers of children with disabilities* (Bachelor thesis), Zurich University of Applied Sciences, Winterthur.

Feusi, S. (2016). *Selbstmanagementstrategien zur Erhaltung des Arbeitsplatzes bei Menschen mit muskuloskelettalen Erkrankungen*. (Bachelor thesis), Zurich University of Applied Sciences, Winterthur.

Belgium: Artevelde Hogeschool, Ghent

Pieter Meyskens (promotor Patricia De Vriendt and Kim Vandenberhge – project lead of VIGEZ, Flemish Institute health Promotion and Prevention – (2016) Process evaluation of the ‘Zilverwijzer’. The Zilverwijzer is a program to enable ‘resilience’ in nursing homes and prevent depression. It is based on self-management.

Corine De Mey (promotor Patricia De Vriendt) (not submitted yet) Is Self-management subject of research: Review of OT Journals.

Jana De Reu (2016) Self-management and return to work; an exploratory study.

Sigrid De Kerf (2016) Health-promotion in poor neighborhoods through a community health care center in