



SURFaddict – Portuguese Adaptive Surfing Association

Non-profit organisation, created in 2012

(Registered in Portugal as Associação Portuguesa de Surf Adaptado)

ENOTHE

European Network
of Occupational Therapy
in Higher Education



Agenda:

- The association's Story
- Some numbers
- Our vision on Surf Therapy
- My Life's story



Main goals:

- Bring people with disabilities to the beach and help them have the exciting experience of sliding on the waves, with all the benefits that come with it, such as: improvement of self esteem, resilience, social skills, promotion of healthy routines.
- Increase awareness among local government officials and the public at large about the needs of citizens with disabilities and the importance of accessibility and participation.





“A Better Life – Vitorino” from the inspiring life story of an athlete adapted to surf

“A Better Life – Vitorino” is a Portuguese film by photographer Ricardo Bravo and director João Rito, which premiered at the SAL – Surf At Lisbon Film Fest in November 2017, and wants to make known the inspiring life story of adapted surfing athlete Nuno Vitorino.”

Nuno Vitorino, star of "Uma Vida Melhor" addressing the Surf Summit crowd



“We were also treated to the premiere screening of Ricardo Bravo's new film - Uma Vida Melhor (A Better Life). A short film that captures the life of Nuno Vitorino who was left quadriplegic following an accident in his early twenties.

This 8 minute film followed his life as he adapted to surfing as a way to overcome his accident.”

“A Better Life – Vitorino”





- **2017 year summary (April to October):**

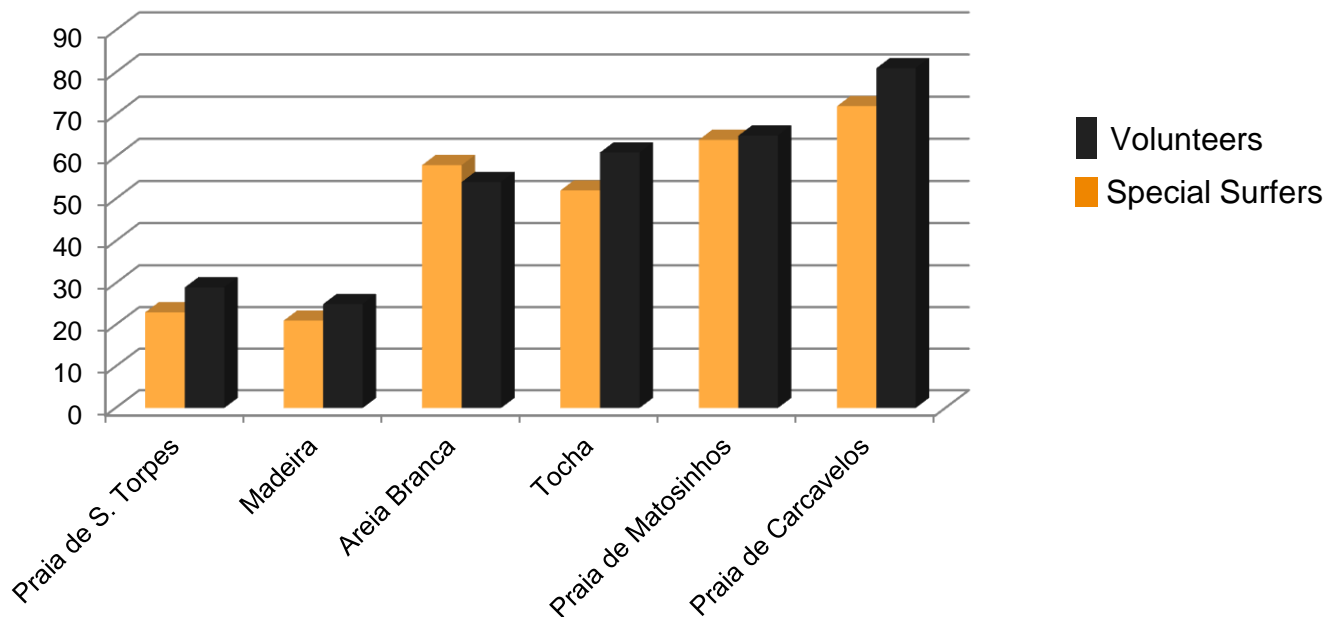
- 290 people with disabilities throughout Portugal were able to surf, with the invaluable support of 315 volunteers.
- 5,000+ people attended SURFaddict events.
- On average, 150,000 views per event were achieved on social media.
- SURFaddict was featured on Portuguese TV media including SIC, TVI and FUELTV. RTP1, RTP3, RTP África, CMTV
- SURFaddict was also featured regularly on SURFPortugal, Beachcam and SurfTotal, as well as other media outlets.



in 2017

- + 18.000 Km (some by plane)
- + 100 hours in the water
- + 290 special surfers
- + 315 Volunteers
- + 5000 watching on the beach
- + 150,000 views on social networks





In 2017 we have Carcavelos as the biggest surfing event of the season



Doctors



Occupational therapists



ESCOLA SUPERIOR
DE SAÚDE DO ALCOITÃO

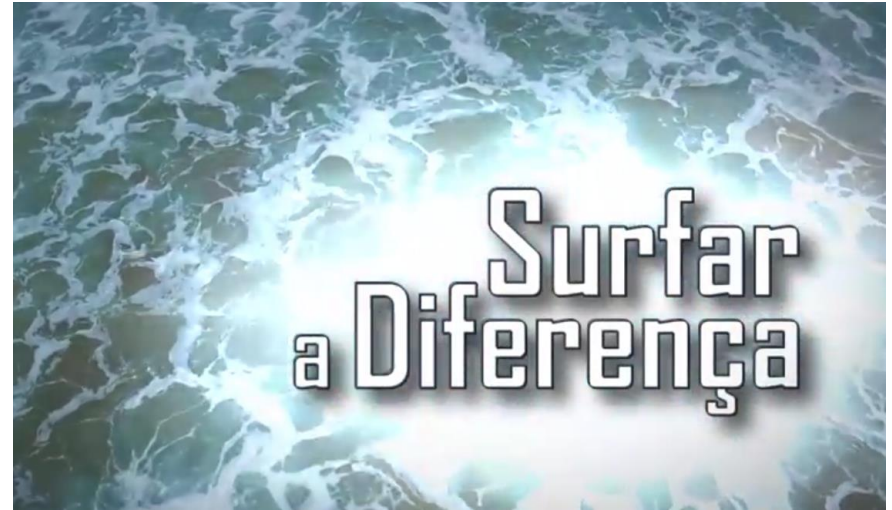
SANTA CASA da Misericórdia de Lisboa

SURF THERAPY

In 2017 we started an evaluation program to scientifically analyse therapy through surfing

Later this month we will have a first evaluation of this work In a partnership with this school

In the Future we are going to extend the program to more participants and more occupational therapy students



“Surf the difference”



Promote accessibility



Other Scheduled Initiatives

- Promotion of SURFaddict activities with institutions in the field of disabilities.
- Presentations in schools, aiming for a higher awareness of the children and young people regarding disabilities, and also trying to encourage them to participate in a different type of volunteering: at the beach, helping others to gain access to a wave sport.
- Continue to develop specialized adaptive surfing equipment, such as boards, suits and beach wheelchairs.





Our special goal
is...

**Nós não queremos saber se é difícil,
apenas se é possível!**

**We don't care if it's hard,
only if it's possible!**



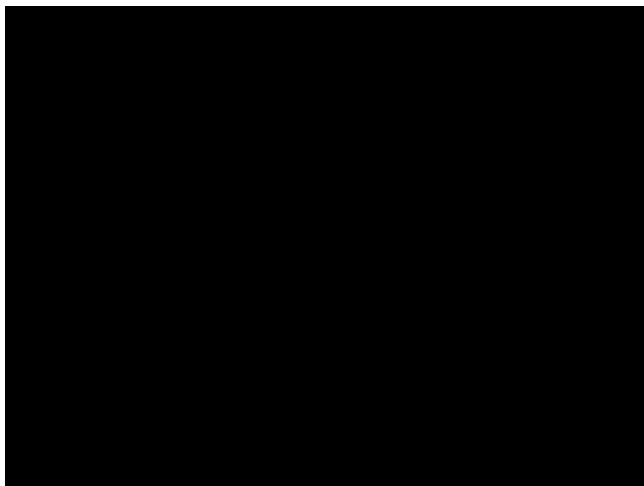
FABRICAMOS
SORRISOS

"Make Smiles"



@rafaellamagalhaesphotos

"Make Smiles"



“Make Smiles”


OBRIGADO THANK YOU
BOAS ONDAS! ENJOY THE SURFING!

www.surfadaptado.pt

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