

# **ENOTHE Project Group Social Transformation through Occupation**

## **Report for the period November 2016 - October 2018**

**Members:** Hanneke van Bruggen, Claire Craig, Sarah Kantartzis, Barbara Piskur, Nick Pollard, Sandra Schiller, Salvador Simó, Debbie Laliberte Rudman.

The purpose of this document is to report on the activities of the Social Transformation through Occupation project group to the ENOTHE board. This report will include the activities, outcomes and budget for the period November 2016 – October 2018. In October 2018 the project group requested an extension to the period of their activities until October 2019 and we are waiting for the decision of the board regarding this at this time.

### Contents:

1. Background to the group
2. Aims of the group
3. Activities and outcomes
4. Request for extension until October 2019
5. Budget

### Appendices:

1. Proposal for formation of group
2. Request for extension of group project period to October 2019
3. Financial statement

## **1. Background to the group**

There are many challenges and transformations facing contemporary Europe and we recognise the beginnings of a shift within occupational therapy education, practice and research towards not only recognising the significance of these challenges for the people we work with, but also the important role of occupation, the doing of everyday lives, in addressing these challenges. The members of this group had responded to these challenges individually and also as editors and authors of a forth-coming book on occupation-based social inclusion. As the work on this book continued it was seen that further work was needed to bring together the disparate practice and scholarship from around the globe. The group organised a Think Tank at the COTEC-ENOTHE conference in Galway in 2016 and following this a questionnaire was distributed to the over 70 participants to identify further priorities. From the Think Tank discussions and the results of the questionnaire it was evident that there was a good deal of interest in the contribution of occupation and occupational therapy to social transformation and an opportunity to create a cohesive global network, drawing on a wealth of expertise of occupational therapists and occupational scientists to focus energies in order to affect real change.

However, there was also a perceived need for examples of theories and forms of practice existing, critical analysis and conceptual development that would provide coherent foundations for ongoing developments around occupation-based social transformation and this led to the proposal to the ENOTHE-board for their support of a project group to work on these areas.

## 2. Aims of the group

The overall aim of the project is to identify what is current practice in relation to occupation-based social transformation in terms of theory and methods across the world.

Specific objectives are:

- To identify what theories occupational therapists are able to access and apply in their practice
- To identify what forms of practice are being developed, their processes, the aims of these projects and how these are being evaluated.
- To identify how ideas around occupation are being interwoven into these projects.
- To disseminate these findings to educators and practitioners
- To build partnerships beyond occupational therapy and occupational science

## 3. Activities and Outcomes

Throughout the two-year period the group members met regularly via skype, as well as holding two face to face meetings alongside ENOTHE annual meetings.

The work of the project group focused primarily on a research study. This was developed as a series of interviews with people working in projects that demonstrated or were working towards social transformation through occupation. The outcomes of the interviews were 1) the development of a case study of each project, and 2) theoretical analysis of the underpinnings of the projects. The case studies will be published on the ENOTHE website and made widely available to all interested. The theoretical analysis of the underpinnings of the projects will be published as a journal article.

During the period November 2016 and August 2017, the group worked on the research proposal. This included preparing the interview protocol and all requirements for ethical approval. Research ethics was granted by all the participating institutions. Once ethical approval was obtained the group members commenced locating and contacting suitable projects and organisations and undertook the interviews. The outcomes to date are presented below

### Outcomes of the work of the project group are:

Outcome	Date/expected date of completion
Development of Facebook group: Social transformation through occupation	May 2017
Workshop at ENOTHE annual meeting, Zagreb, October 2017 “Social transformation through occupation: recent steps and future directions”	October 2017

Workshop at ENOTHE annual meeting, Estoril, October 2018 “Developing competences for social transformation through occupation”. Presentation for discussion to members of draft versions of 5 cases	October 2018
Submission of abstract to the World HealthCare Congress Europe, to be held in Manchester, UK in March 2019 ( <a href="http://europehealthcare.org/">http://europehealthcare.org/</a> ). Proposed oral presentation: “Occupation-based approaches contributing to community change towards health”	October 2018
Research project: development of five cases to be used as resource. Cases are located in Canada, UK, Germany, South Africa. To be available as PDF document	Completion date: March 2019
Research project: Journal article reporting on analysis of five projects in terms of theoretical underpinnings and approaches used to support social transformation	Submission date: Summer 2019

Activities in collaboration with the international Social Transformation through Occupation network

Poster presented at WFOT conference 2018 “Social Transformation through Occupation: Building an International Network”	May 2018
Journal article published: Deborah Laliberte Rudman, Nick Pollard, Claire Craig, Sarah Kantartzis, Barbara Piškur, Salvador Algado Simó, Hanneke van Bruggen & Sandra Schiller (2018): Contributing to social transformation through occupation: Experiences from a think tank, Journal of Occupational Science, DOI: 10.1080/14427591.2018.1538898	October 2018
Workshop on curriculum development for social transformation through occupation, at Department of Occupational Therapy, ZHAW, Switzerland	May 2018

#### 4. Request for extension until October 2019

We have submitted a request to the ENOTHE board for an extension of the project period for one year until October 2019. As can be seen from the table above outlining our activities we are still in the process of undertaking the research project. We have faced some delays in undertaking the interviews, due to availability of representatives of the services and organisations involved, taking on board extra activities as a result of our work (e.g. workshop at ZHAW, Switzerland) as well as our own competing work commitments.

The full report and request for an extension is presented in appendix 2

#### 5. Budget

The approved budget for this project group was a total of 6,000 euros for the two year period (2,500 for 2017 and 3,500 for 2018). Expenditure in 2017 was 1293.53 euros, leaving 1206.47

remaining. Expenditure in 2018 was 1608,81 leaving 1,891.19 euros remaining. Total expenditure for the 2 years is 2,902.34 euros with total remaining 3,097.66 euros. Expenditure for the group is detailed in Appendix 3.

We submit this report as a record of our activities and outcomes and would like to thank the ENOTHE board and members for their ongoing support.

31st October 2018

Hanneke van Bruggen, Claire Craig, Sarah Kantartzis, Barbara Piskur, Nick Pollard  
Sandra Schiller, Salvador Simó, Debbie Laliberte Rudman.

## **APPENDIX 1**

### **Application for ENOTHE Project**

This project aims to support the development of education and practice that works towards occupation-based social transformation through identifying key theories and methodological approaches.

#### **1. Proposed by: Name and Institution**

This is a joint proposal by the following members and institutions

#### **2. Member Institutions and Partners:**

Hanneke van Bruggen  
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## **Describe range of international collaboration**

International collaborators:

International collaboration has been agreed with a Canadian group of experts working on this topic area coordinated by Debbie Laliberte Rudman, Associate Professor, School of Occupational Therapy & Occupational Science Field, Graduate Program in Health and Rehabilitation Sciences, The University of Western Ontario, Canada.

Additional international collaboration:

This project group is developed by the leaders of a successful workshop (Think tank on occupation-based social transformation) held at the COTEC-ENOTHE conference in Galway, Ireland in June 2016, following which 69 people from throughout the world signed up to be involved in further activities and development. This larger group will be involved in the activities of this project group.

Collaborators from other disciplines and fields:

Collaboration has also been agreed with Stephanie De La Haye, Executive Chair & founder at Survivors of depression In Transition (SodIT), and National Advisor for the NCCMH/ Royal College of Psychiatrists Urgent and Emergency Community Mental Health 24/7 technical team national guidelines, UK.

One of the proposed objectives of the group is to further develop links beyond the profession of occupational therapy with other key groups and practitioners from other disciplines, throughout the world, including those working in community development, social enterprise, with a focus on social inclusion, citizenship.

### **3. Describe the Background of the Project:**

There are many challenges and transformations facing contemporary Europe, including: the

hardening political climate; the economy and the limitations to health and social care provided by state organisations; expanded understandings of health that incorporate the impact of inequality on social determinants of health; societal and cultural changes including demographics and the ageing population; the increasing mobility of populations including that of refugees; the strengthening of social accountability by citizen participation in practice, education and research (although with considerable cultural variation). These issues are also relevant throughout much of the world.

We recognise the beginnings of a shift within occupational therapy education, practice and research towards not only recognising the significance of these challenges for the people we work with, but also the important role of occupation, the doing of everyday lives, in addressing these challenges. This requires critical analysis and conceptual development that will provide coherent foundations for ongoing developments around occupation-based social transformation. In this project, we start this process by learning from current practice, connecting with practitioners who have taken leadership in moving occupation-based social transformation into action.

The proposed members of this group have been involved in initial work around these issues individually, as editors and authors of a forth-coming book on occupation-based social inclusion, and as co-ordinators of the workshop at the COTEC-ENOTHE conference as already mentioned. Following the workshop the group has already sent out a questionnaire to identify priorities to work on. There is an opportunity to create a cohesive global network, drawing on a wealth of expertise of occupational therapists and occupational scientists to focus energies in order to affect real change, and the proposed activities of this project group will be part of these developments.

#### **4. What are the Main Objectives?**

The overall aim of the project is to identify what is current practice in relation to occupation-based social transformation in terms of theory and methods across the world.

Specific objectives are:

- To identify what theories occupational therapists are able to access and apply in their practice
- To identify what forms of practice are being developed, their processes, the aims of these projects and how these are being evaluated.
- To identify how ideas around occupation are being interwoven into these projects.
- To disseminate these findings to educators and practitioners
- To build partnerships beyond occupational therapy and occupational science

#### **5. Explain how the project contributes to one (or more) of the strategic aims and areas of ENOTHE strategy 2016-20 and/or European Policy Areas.**

Due to its focus on social transformation, which goes beyond potential changes in the health care system, the proposed project is linked to the European Strategy 2020 in particular the Policy Area of Employment, Social Affairs & Social Inclusion as well as to the WHO/European Health strategy on social inclusion and health equity for vulnerable groups. The project aims to make a direct contribution to Strategic Aim C of the ENOTHE strategy 2016-20. Underlying our project

proposal is the wish to explore current occupational therapy/ occupational science theories and practices in the social field within the broad subject area of social change and with an explicitly interdisciplinary focus. We feel that this is needed to inform future occupational therapy practice in this area and to increase the visibility of occupational therapy and the potential contribution of occupation to transformative processes in society.

The proposed work of the project group will specifically contribute to the following strategic areas of ENOTHE strategy 2016-20:

**Strategic Area 1: Education:** A systematic exploration of ongoing processes of social transformation from a European and international perspective will provide a relevant new perspective to existing occupational therapy education programmes. As outlined above, it promotes the contribution of occupational therapy in the social system within emerging fields such as urban development, decentralisation and community work and interprofessional collaboration. In the long run, the results are to contribute to enhancing students' competences in relation to social, political, cultural and technological development, entrepreneurship, innovation and internationalization.

**Strategic Area 2: Partnerships & Occupational Therapy:** Evidence exploring processes of occupation-based social transformation from an international and interprofessional perspective will build on existing knowledge and expertise in occupational therapy education and practice with the aim of creating more collective awareness of the role of these issues for future development of the discipline. The proposed project group will support joint international programme initiatives of ENOTHE members by providing a platform for exchange at the next two ENOTHE meetings as well as at the 2017 Occupational Science Europe Conference in Hildesheim (Germany), where a Think Tank on occupation-based social transformation meeting is planned (see below). This will serve to strengthen the link between ENOTHE and OSE regarding the exploration of this issue.

**Dissemination research:** The project group has already clear links with Occupational Science Europe (OSE) and will promote collaboration between institutions, teachers, students and stakeholders in research in this topic and disseminate research results/outcomes to promote evidence informed practice in this emerging field.

**Strategic Area 3: Sustainable Network Organisation**

The group will create effective internal and external communication strategies by an email list, a Face Book page and/or website and other channels of distributing information concerning occupation-based social transformation.

**6. Explain the innovative aspects of the project in terms of methodology or outcomes.**

While there is evidently an awareness and an interest in the need for a shift in education and practice to work towards addressing some of the contemporary social issues through occupation-based practice, there is also a demand for more work to underpin such changes, both in terms of theoretical foundations and methodological approaches (for example as expressed by members of ENOTHE in workshops during the annual meetings in Ruse, Bulgaria and Galway, Ireland). The proposed outcomes therefore aim to support changes in education and practice. In terms of methodology (see outline below) this project aims to bring together practice, education and research, from throughout the world, incorporating examples and discussions not

only from occupational therapists and occupational scientists but from others engaged in occupation-based practice in social transformation.

## **7. What are the planned Outcomes/Products of the Project?**

- A range of materials, enabling flexible, contextualised, approaches, regarding how to work with people in situations where occupation-based social change may usefully contribute. These materials will be useful for both educators and practitioners. The most appropriate publication approach will be developed as part of the project, possible options include: a website (e.g. part of the ENOTHE-COTEC website), a published text-book or handbook with a recognised publisher.
- As part of the development of the work of the project group a Facebook page/Linked-in group will be created as a discussion forum and to facilitate access of members to information
- Workshops to be held at the next two ENOTHE annual meetings and at one conference in a related area.
- A scoping review of the literature published in a peer-reviewed journal

### **Describe the benefit for ENOTHE members.**

Members will have access to discussions via the workshops and Facebook page/Linked-in group and finally to published resources to facilitate their educational approaches to working with students to develop competences in practice working towards social-transformation. Furthermore, the community of people interested and contributing to this topic will grow through the Facebook page.

### **8. Describe how and to whom you plan to disseminate planned outcomes.**

One day workshop to be held as part of the OSEurope conference

Workshops at ENOTHE annual meetings (x2)

Website links (ENOTHE-EU, WFOT and national association links)

WFOT conference 2018

Reports in publications, such as OT News, OT Practice, RevistaTOG and similar publications

One peer reviewed article (scoping review)

Participation in one international, interdisciplinary conference

In addition, sharing our learning with the communities we are working alongside will also be important. This will include exploring ways to position people as experts/creating/reviewing of materials/drawing on their expertise, including the most appropriate forms of dissemination (i.e. film/documentary etc)

### **9. Give an outline your Workplan and Methodology.**

1. Gathering data from the questionnaire already sent out
2. Scoping review of the literature (focusing on theoretical approaches and methods)
3. Preparation for interviews:
  - Preparation of interview schedule
  - Identification of key informants

- Ethics approval as required
- 4. Interviews of key practitioners identified by project participants (approximately 24 interviews – 4 per partner).
- 5. Identify key theoretical approaches, practice methods, interface of occupational approaches with approaches from other disciplines
- 6. Prepare materials for publication, workshops etc

## Time line

Tasks	2016											
	oct	nov	dec	jan	feb	mar	apr	may	jun	jul	aug	sep
Complete analysis questionnaires												
Prepare Facebook page												
Undertake scoping literature review												
Prepare for interviews (identify persons, schedule, ethics)												
Interviews												
Prepare for OSEurope meeting												
Prepare for ENOTHE meeting												
Face to face meeting												

Tasks	2017											
	oct	nov	dec	jan	feb	mar	apr	may	jun	jul	aug	sep
Interviews												
Analysis of interviews												
Development of publication												
Face to face meeting												
Prepare workshop for ENOTHE annual meeting												
Presentation at international conference as identified												

## 10. Give an Overview about Estimated Costs including additional sources of fundings.

Costs are calculated at one meeting per year for 2 nights for 7 members (6 members travelling). The 2017 meeting is to be held in Hildesheim (Germany).

## 2017

MEETING 2017 Hildesheim	Per person	Total
Travel	250€ (average price spread across participants)	1.500€
Food	30€ x 2 = 60€	420€
Accommodation	70€ per night x 2 = 140€	840€
Group dinner Tuesday night	20€	140€
<b>TOTAL (approx)</b>		<b>2,880 €</b>

## 2018

MEETING 2018 Place to be decided	Per person	Total
Travel	250€ (average price spread across participants)	1.500€
Food	30€ x 2 = 60€	420€
Accommodation	70€ per night x 2 = 140€	840€
Group dinner first night	20€	140€
Subtotal		<b>2.880 €</b>
Dissemination (conference participation) for 1 person	500€	500€
Subtotal		<b>500€</b>
<b>TOTAL (approx)</b>		<b>3.380€</b>

Budget for both group meetings includes travel and accommodation for 6 persons and food for 7.

## Appendix 2

### ENOTHE Project Group Social Transformation through Occupation

#### Request for extension of activities and budget to period October 2018 - October 2019

**Members:** Hanneke van Bruggen, Claire Craig, Sarah Kantartzis, Barbara Piskur, Nick Pollard  
Sandra Schiller, Salvador Simó,

**Associate member:** Debbie Laliberte Rudman.

We are writing to request the ENOTHE board to approve an extension to the period of our activities and budget until October 2019. The time frame for the activities and budget of the group is currently October 2016 to October 2018.

In order to underpin our request, the following information is developed in the document:

1. Some information about our activities
2. Short explanation regarding why we wish to extend the project
3. Deadline for the final report and the planned products

#### 1. Activities

Throughout the two-year period the group members have met regularly via skype, as well as holding two face to face meetings.

The work of the project group has focused primarily on the research study. This was developed as a series of interviews (with projects or organisations that demonstrated or were working towards social transformation through occupation), that would enable the development of 1) a case study of each project, and 2) theoretical analysis of the underpinnings of the projects that will be published as a journal article. Research ethics was granted by all the participating institutions.

#### Outcomes of the work of the project group are:

Outcome	Date/expected date of completion
Facebook group: Social transformation through occupation	Completed
Workshops held at ENOTHE annual meetings in 2017 and 2018	Completed
Information on ENOTHE project included in Poster presented at WFOT conference 2018	Completed

Research project: development of five cases to be used as resource. Cases are located in Canada, UK, Germany, South Africa. To be available as PDF document	Underway. Planned completion date: March 2019
Research project: Journal article reporting on analysis of five projects in terms of theoretical underpinnings and approaches used to support social transformation	Underway. Proposed submission date: Summer 2019
In collaboration with the International Social Transformation through Occupational Network:	
Submission to the Journal of Occupational Science of a report on the Think Tank, OSEurope conference 2019, Hildesheim, Germany	September 2018
Workshop on curriculum development for social transformation through occupation, at Department of Occupational Therapy, ZHAW, Switzerland	May 2018

## 2. Support for extension request

As can be seen from the table above outlining our activities we are still in the process of undertaking the research project. We have faced some delays in undertaking the interviews, due to availability of representatives of the services and organisations involved, as well as our own competing work commitments. Currently, we are at the following stages regarding our activities:

Regarding the cases:

- The draft versions of five cases were presented during our workshop at the recent ENOTHE conference in Portugal. Feedback was received from the 30 participants.
- We are now working on the final version of these cases and preparing an introduction for the 'booklet'. We also plan to develop a template and process by which further cases, developed by members, will be added to this document, thereby creating an ongoing and growing resource.
- We aim to have a pdf version of the booklet ready by the end of March 2019.

Regarding the analysis and preparation of a journal article.

- We have now discussed and agreed the process by which we will undertake the analysis of interviews, including analysis of data from each distinct project or organisation, as well as across all data.
- Regarding the analysis across data (cases) we consider that it will be extremely useful to have one further face to face meeting for this.

Regarding dissemination of the work of the project group.

- In our original project proposal, we planned to disseminate the findings of our research at one international conference. We have been unable to do this during 2018 due to the delay in completing the project. We have now submitted an abstract for an oral presentation at the World HealthCare Congress Europe, to be held in Manchester, UK in

March 2019 (<http://europehealthcare.org/>). We would like to be able to support at least one member of the group to attend this conference if the abstract is accepted.

During the period October 2016 – October 2018 we have not used all the funds made available to us by ENOTHE (2017 – 2,500 euros, 2018 – 3,500 euros). We therefore request that we extend the period of the project to October 2019, and the remaining funds are used to support one face to face meeting and attendance at one international conference.

### 3. Deadline for final report and products

Our proposed adapted timeline is as follows:

- Publication of pdf document of cases: March 2019
- Journal article regarding analysis: submitted summer 2019
- Dissemination at world conference: proposed March 2019 or alternative
- October 2019 workshop at ENOTHE annual meeting in Athens, Greece

We thank you for your consideration of our request,

Hanneke van Bruggen, Claire Craig, Sarah Kantartzis, Barbara Piskur, Nick Pollard  
Sandra Schiller, Salvador Simó, Debbie Laliberte Rudman.

Members of the Social Transformation through Occupation Project Group

27<sup>th</sup> October 2018

## Appendix 3

### Financial statement

Project group meeting at Hildesheim, Germany. 5<sup>th</sup> and 6<sup>th</sup> September 2017

Budget 2017			2,500 euros
Expenditure	Hanneke	251.00	
	Sandra	183.75	
	Sarah	427.65	
	Barbara	431.13	
	Total expenditure	<b>1293.53</b>	
Remaining			<b>1206.47 euros</b>

Project group meeting at Estoril, Portugal. 2<sup>nd</sup> and 3<sup>rd</sup> October 2018

Budget 2018			3,500 euros
Expenditure	Hanneke	192,95	
	Sandra	990,26	
	Sarah	194.20 euros 206.43 pounds =231,40euros	
	Total expenditure	<b>1608,81</b>	
Remaining			<b>1,891.19</b>