

ENOTHE

European Network
of Occupational Therapy
in Higher Education



#ENOTHE MEMBERSHIP 2015

ENOTHE

European Network
of Occupational Therapy
in Higher Education



-Pad

March
2016

FOLLOW @ENOTHE1

PRESIDENT'S MESSAGE

ENOTHE is entering an interesting and challenging period in the network's development. How to develop a robust, sustainable and inclusive organisation? How to contribute to the promotion and development of Occupational Therapy in Europe? How to collaborate with practitioners and researchers to strengthen the voice of occupational therapy and to establish and enhance the quality of Occupational Therapy educational programmes throughout Europe?

Current actions to develop ENOTHE as an organisation include developing a 5-year strategy plan for approval at the General Assembly, initiating work to review and develop governance documents starting with project guidelines. The office is developing a five-year strategy to balance ENOTHE'S annual budget and develop a new membership fee structure. The ENOTHE office will be exploring the possibilities of establishing a common office with COTEC to secure greater stability and cost effectiveness in administration.

The board is continuing collaboration with COTEC to establish the collaborative platform, Occupational Therapy Europe (OT-EU). Both boards met in Amsterdam in January in connection with their own face-to-face meetings. The coordinating group, consisting of the presidents and vice presidents of ENOTHE and COTEC had its first meeting to work on draft guidelines for OT-EU and a definition of Occupational Therapy! Current collaborative activities include the Joint Congress in Galway, responding to a study of the international sectoral qualifications/qualifications frameworks and the WHO Final Consultation European Framework for Action on Integrated Health Services Delivery.

Finally, I would like to remind members that Inés Viana-Moldes and I will be stepping down having completed our maximum terms as members of the ENOTHE board. If you want to make a contribution and influence the future direction of ENOTHE and OT-EU why not put yourself forward for nomination to the Board.

Brian Ellingham
ENOTHE, President



-Image from the January Joint ENOTHE & COTEC Board Meeting in Amsterdam

ENOTHE Membership 2016

The ENOTHE Membership period is now **OPEN**. Membership has been organised earlier this year before our Joint Congress with COTEC in June.

Currently 44 members have acted on our first email out to our representatives and made payment for 2016 Membership, which we thank you for. This represents just under half of our membership based on 2015 figures, so please, if you have not done so already, contact the ENOTHE Office info@enothe.eu to organise payment of 2016 Membership.

We are hoping to produce some new marketing this year and push on towards our initial target of attracting 100 members by the year end.

If you know of any colleagues working in educational institutes teaching OT, we encourage you to act as advocates on our behalf and forward our contact details. The more voices we have, the stronger our voice.

Joint Congress 2016

NUI Galway
OÉ Gaillimh

COTEC & ENOTHE
CONNECTING:
Education | Practice
Research | Policy

1st COTEC-ENOTHE
Congress

Connecting:
Education | Practice
Research | Policy

Galway, Ireland | 15-19 June, 2016

www.cotec-enothe2016.com #COTEC-ENOTHE16

ENOTHE: AN INCLUSIVE NETWORK

Student involvement in internal partnerships -future project opportunity being developed

One of the key 'Areas' in the proposed ENOTHE 5 year Strategy is the investigation and development of internal partnerships and our wish to be an inclusive network of university members from all European regions. We hope to achieve this by creating financial and practical solutions for inclusion. There is a requirement to demonstrate and promote the value and contribution that becoming a member of ENOTHE brings to non-members institutions. Therefore the board is working on a written proposal for students to:-



- Identify all OT programmes throughout Europe through the internet and stakeholders such as the WFOT, COTEC and ENOTHE.
- Identify the actual member institutions by contact the ENOTHE office in York
- Identify the value the contribution that being a member of ENOTHE brings to member institutions.
- Identify wishes from members regarding their membership
- Identify the reasons for resigning membership in former members by means of e.g. an online survey after identifications of all options through contact with stakeholders (ENOTHE office and (former) staff and board members).
- Identification of the reasons why institutions with an OT programme are not a member of ENOTHE at all.
- Investigate what potential members need regarding; finances, student rates, political and practical, awareness, support from university or other facilities to stay or become a member

The board will be looking for member institutions from each region that wish to share the idea of asking students to work on this research as part of their study. An initial survey showed that collaboration among students of the regions is not easy to organise, due to the variety of programmes. Therefore it seems a better idea to start the research in each region separately. Students are free to choose one or more of the proposed objectives mentioned above. The board will then gather the information and based on the outcomes will better be able to be an inclusive network.

This is a different style of project from the two current types that ENOTHE operate and the Board will be developing a specific application to accompany this project. When the application is ready to 'go live' we will announce this to all our members.

Marie-Antoinette Minis
ENOTHE, Vice-President



In October 2015 at the General Assembly in Ruse, Bulgaria, the ENOTHE Office shared the current position of the members' finances. Initially it appears that we have a healthy amount of money in the bank but yearly shortfalls in relation to money coming into the organisation and money going out are not well balanced. In other words we are using the surplus that we make to cover a shortfall in our annual income.

Work is beginning to be undertaken to explore how ENOTHE finances can be better balanced so that the network organisation can be both active and sustainable for the long term.

More information will be shared with members during one of the Pre-General Assembly meetings that are being organised during the Joint COTEC-ENOTHE Congress in June 2016.

FINANCIAL PLANNING UPDATE



Project Update - Citizenship

By Inés Viana-Moldes (Universidade da Coruña)
Hetty Fransen (Université de Tunis El Manar)
Sarah Kantartzis (Queen Margaret University)
Nick Pollard (Sheffield Hallam University)



("Inspiring trees". Picture taken during a group face to face meeting, September 2015. Chapelton, UK)

The group held a workshop during the ENOTHE annual meeting in Ruse, Bulgaria 2015. This workshop was entitled "Citizenship and professional development: alternative perspectives to client-centred practice" and aimed to explore the paradigms underpinning education and practice. This will also help to develop a co-created space for reflection and debate around alternative views.

The group has been preparing a chapter for the forthcoming book, provisionally entitled "Occupation based social inclusion" with editors Hanneke van Bruggen, Nick Pollard and Sarah Kantartzis. The chapter "deals with a citizenship perspective on occupation and an occupational perspective on citizenship in order to facilitate participation and social justice".

Forthcoming actions will be preparing two accepted workshops for the COTEC-ENOTHE Joint Congress, Galway 2016: "Participatory Citizenship: alternative approaches to client centred practice" and "Living experiences of doing citizenship".

...and this professional adventure is now part of our common life-journey ongoing....

"Caminante no hay camino, se hace camino al andar" (in "Cantares", by Antonio Machado)

Projects- Do you have ideas?



The proposed strategy 2016-2020 gives directions how to support and develop Occupational Therapy Education throughout Europe in the coming years. In order to enhance the strategic themes ENOTHE supports the **establishment of project groups**.

As a network ENOTHE needs ideas and collaboration of all members. So we invite you to think about projects that are relevant to the development of ENOTHE and OT education. That means that topics should be in line with the aims & areas of the proposed strategy and/or European policy papers like Health 2020, Bologna, EHEA... The topic and the outcome of a project should demonstrate a clear benefit for the members. Projects are steps to strengthen the inclusiveness of all European countries, to prepare OT education for changing contexts for both, new and traditional fields of work and closer cooperation with fieldwork, research and stakeholders.

In the [Guidelines for Project Groups](#) you find the updated information about establishing and funding of ENOTHE project groups. ENOTHE wants to have at least three different member states involved in a project. If you are looking for partners in different countries use the communications media of the ENOTHE platform or write to the board.

If you have ideas go to the [Application Form](#) and send your application until May 15th to the ENOTHE office info@enothe.eu. The second deadline for 2016 will be in autumn (exact date will be announced after the joint congress in Galway)

Any questions? Any ideas? Contact us!

Johanna Stadler-Grillmaier
ENOTHE, Projects Co-ordinator

'The innOvaTe Student led Conference'; *design and delivery of a conference from a student perspective*

Authors: Sian Burgess Senior Lecturer Occupational Therapy, University of Derby

Thomas Hawksworth final year BSc (Hons) student, University of Derby



The academic rationale: Sian Burgess

Alongside professional and practice qualifications, academic tutors aspire to enable students to develop employability skills and create opportunities for learning through engagement with activities to support lifelong learning.

Cotterill (2015) discusses how the constraints of the assessment and teaching structures within a Higher Education establishment can disempower students and have a negative impact on student's inspiration and motivation to direct their own learning.

In an attempt to empower students to be involved in self-directed learning the University Of Derby in the UK pre-registration students were given the opportunity to direct their own learning event. The student group chose to plan and deliver a student conference to showcase student work and projects amongst themselves and local OT practitioners.

It was considered important to try and replicate the experience of a conference as much as possible to allow students to identify areas of personal interest and direct their own learning to support their own individual continuing professional development agenda.

The student perspective: Thomas Hawksworth

It is often tough for students to contextualise theory in the four walls of the classroom or to ascribe different frameworks and approaches to their practice when they are on practice placements. Some of this, I've come to understand, is about who is claiming the 'ownership' of these experiences as what students learn and how students practice occupational therapy is not entirely 'owned' or managed at a student level. Whilst this is wholly appropriate, having student-led activities which prioritises autonomy, creativity and innovation and cultivates a sense of ownership over the delivery and content of education has a positive impact on student self-belief (Awang and Archer, 2008) and increases the development of professional self-identity (Collins et al, 2012).

The experience of planning a conference was a daunting one. At our first meeting, we started to conceptualise and define our conference in terms of timing, theme and devolved committee remits; which also started to highlight what we had to offer or what we might gain from the process, as each of the committees drew and developed different skills. This was one of the main learning points and outcomes of the experience; that students were able to transfer existing skills to a new arena but also grow new skills that would not be available without this format.

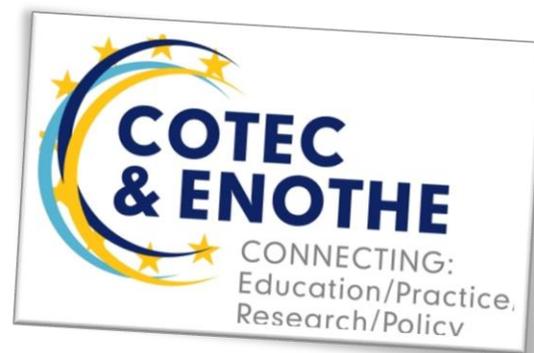
As I headed the marketing committee for example, I needed to be able to disseminate information in different ways and liaise with the committee teams, the university systems, working professionals and professional bodies in order to source materials and market our conference. Most of these were new experiences, especially in developing a more professional style of disseminating information, but also utilised my problem solving abilities when trying to advertise and negotiate meetings with these groups.

Building confidence in public speaking and developing my own professionalism in terms of what I have to offer and the areas of OT that might interest me in the future will surely benefit my level of employability post-graduation. Indeed Tymon (2013) might agree with me as his study found that developing student-led skills outside of the classroom, like flexibility, planning and communication which are qualities that are linked to employability.

References

- Awang, D and Archer, K (2008) An evaluation of an integrated occupational therapy student conference. *British Journal of Occupational Therapy*, 71(9), 393-397
- Collins, M, Harrison, D, Mason, R and Lowden, A (2011) Innovation and creativity: exploring human occupation and professional development in student education. *British Journal of Occupational Therapy*, 74(6), 304-308
- Cotterill S (2015) Tearing up the Page; Rethinking the Development of Effective Learning Environments in Higher Education *Innovations In Education and Teaching International* 52:4 403-413
- Turner N (2014) Developments of Self-belief for Employability in Higher Education; Ability, efficacy and Control in Context *Teaching in Higher Education* vol 19 no 6 592-602
- Tymon, A (2013) The student perspective on employability. *Studies in Higher Education*. 38(6), 841-856

COTEC-ENOTHE Joint Congress 2016



The preparation of the COTEC-ENOTHE Joint Congress- Galway 2016 is on-going.

We are very proud of the broad participation from Occupational Therapists students/educators/practitioners/researchers from across the world. The following numbers of accepted abstracts are 404 oral presentations, 303 posters, 13 symposia and 87 workshops.

The ENOTHE Board would like to thank the intense work and engagement evidenced by all those involved parties: the organising committee, participants, reviewers, the scientific committee and especially, the host institutions, the National University of Ireland, Galway and the Association of Occupational Therapy of Ireland.

Work is underway by the Scientific Committee who are preparing the details of the programme. This will be published in a few weeks so keep checking on the Joint Congress website.

We look forward to meeting in June to share our experiences and to learn from each other!

We are better together!

Inés Viana-Moldes and Anne Lawson Porter
ENOTHE and COTEC Board members and Joint-Congress Link

Next step:

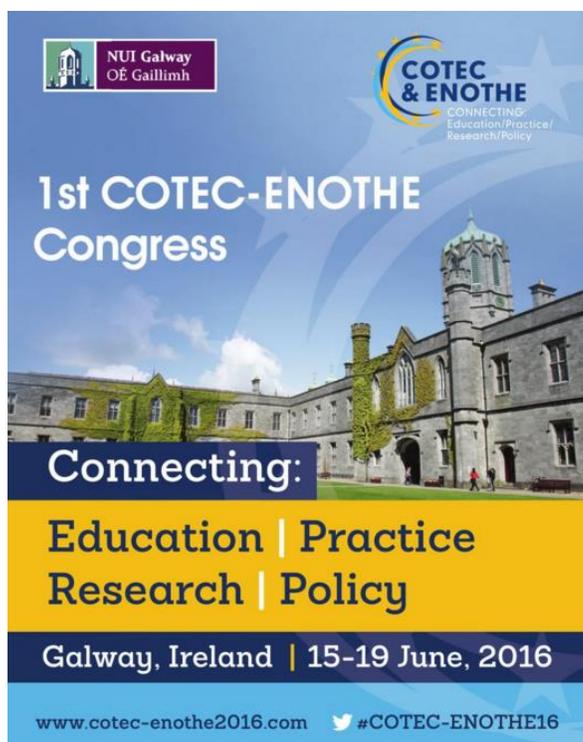
- Agnes Shiel and her Galway conference colleagues are preparing a Programme Draft 2, for further consideration by all the scientific committee.

Remember:

- Period for Early bird registration **ends 14th of March.**

Student Volunteer Places:

- Those universities who successfully applied for a student volunteer place have now been informed. Galway will be in contact with them in the near future with details of the arrangements that will take place. We are pleased to note student volunteers have been accepted from countries right across Europe.



Facebook: [COTEC-ENOTHE Congress 2016](#)

Twitter: [@COTEC_ENOTHE](#) #COTEC-ENOTHE16

Website: <http://www.conference.ie/Conferences/index.asp?Conference=182>

Email: conference@nuigalway.ie

Evan Connolly has taken over from Maeve Egan (on maternity leave) as Conference Secretariat, please send enquiries addressed to Evan



Organising Committee Members: (from left to right)

- Anne Lawson-Porter; COTEC Joint Congress Link
- Inés Viana-Moldes; ENOTHE Joint Congress Link
- Agnes Shiel; NUI Galway Host
- Mandy Boaz; ENOTHE Office

Nominations to the ENOTHE Board

Are you willing to commit your time and expertise on the ENOTHE Board?

The Board is asking members to seriously consider being nominated to the Board, as there are two vacancies about to occur in June 2016.



What's coming up for ENOTHE?

- 14th March

Early bird extension for Joint Congress 2016 closes

- 6th May

General Assembly papers sent out to full European members

- 15th/19th June

Joint Congress 2016

- 14th/17th October

Joint Congress 2020

Current President, Brian Ellingham and previous Vice-President, Inés Viana-Moldes are due to complete their terms in office and step down from the ENOTHE Board.

Both have made considerable contributions to the network organisation over the last six year for which we are all extremely grateful!

[Click here for Guidance and Nomination form for ENOTHE Board](#)

Official closing date for nominations:

- by email to info@enothe.eu

- or by hand at the Joint Congress will be **13:00 Thursday 16th June 2016.**

Elections will take place at the General Assembly on the **Saturday 18th June 2016.**

New Emails for the ENOTHE Board and Office

As part of ongoing developments within the ENOTHE organisation we are committed to improving communication between the Board and the members. In light of this we have moved to new email addresses which can be seen below. Of course for a period of time, if you use our old email contact details your email will be redirected, so hopefully there will be a smooth transition, as this occurs. Not only will you have emails for information, you will in future have the ability to contact board members directly.

Office

info@enothe.eu

-for General Enquiries

mboaz.office@enothe.eu -for Mandy Boaz, ENOTHE Coordinator

Board

Brian Ellingham brian.ellingham@enothe.eu

Marie Antoinette Minis marieantoinette.minis@enothe.eu

Johanna Stadler-Grillmaier johanna.stadler-grillmaier@enothe.eu

Inés Viana-Moldes ines.viana-moldes@enothe.eu

Alma Cirtautas alma.cirtautas@enothe.eu

Contact Us:-

Twitter: @ENOTHE1

Facebook page: European Network of Occupational Therapy in Higher Education (ENOTHE)

Email: info@enothe.eu

Post: ENOTHE, Faculty of Health and Life Sciences, York St John University, Lord Mayors Walk, York, YO31 7EX, United Kingdom

Next:-
ENOTHE
Newsletter
June 2016