

**ENOTHE**

European Network  
of Occupational Therapy  
in Higher Education



**E- Newsletter**



**Winter 2021/2022**

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# ***Message from the President***

Dear members,

We would like to wish you a very Happy New Year, sending the best wishes to all of you, your family homes, your close and loved ones and your communities.

Sometimes it is hard to remember what exactly the last time was we saw each other face to face. It has been several years now since we have been facing with the consequences of the Covid-19 pandemic. Nineteen sounds long time ago, doesn't it? Let us hope '22 will bring many effective and new solutions to meet in person, hybrid and online and permit us to co-construct together.

We want to express special gratitude to all members who have contributed during the year by participating in the online activities that we were organizing: ENOTHE Webinars, surveys, ENOTHE's first Summer School, the COTEC-ENOTHE congress, pre-General Assembly workshops, the General Assembly, ECOLE's Think Tank, feedback moments, and instant replies to our calls, emails and inquiries. Thank you! Together we realized ENOTHE is more alive and active than ever.

Despite the huge desire and need to meet in person, also the ENOTHE Board has continued to work online. We have to respect the variety in international regulations regarding the pandemic with the diversity of countries represented which made it, unfortunately, still impossible to meet in person. This December 10, 11, 12 and 13, we had our Board intensive meeting sessions online, welcoming our new board members. It is the highest pleasure to rely on the expertise of Caroline Fischl, Vanessa Röck, and Vanessa Rosalina, who joined and strengthen our team. During our meeting, we have discussed the priorities for the action plan 2022-2023. The developments of ECOLE will include the important start of the Re-Tuning process, the development of new calls on projects including student projects, webinars, and proposals of new competence development courses.

Besides, ENOTHE will push intensively a new plan for marketing and public relations strategy focused on and fit for future generations. The financial sustainability strategy including fee structures will be considered together with our auditor team. ENOTHE will continue and professionalize consultancy on developing curricula in occupational

therapy across European countries. Additionally, a new capacity building course for and by members on curriculum development will be developed. Fit to a countries' requests and contexts based on former experiences (e.g. the UKROTHE project).

ENOTHE will foster the P4Play Doctorate project and continue supporting this brilliant project that promotes third level competencies of the profession. In revising the TUNING competences all those colleagues who contributed so much in the past to all three levels will be approached to (re)join the task forces.

The second edition of the successful ENOTHE Summer Student Course is expected. Coming months the Board will intensively work on the ENOTHE Annual meeting in Georgia, planned for October 2022. Due to the country's pandemic and current circumstances, we expect the meeting to have a hybrid character, with inclusive possibilities for all who want to join, in any way.

In this newsletter we look back on 2021 and great updates from our members.

We look forward to create the future with you, in the most viable, inclusive and sustainable way possible. We are there to support you in a challenging new year! Please, give attention to our notifications and check the updates on our website!

Warmest regards on behalf of all us,  
ENOTHE Board and Office

**Soemitro Poerbodipoero**  
President ENOTHE



# ***ENOTHE News and Updates***

## **27th ENOTHE General Assembly, October 14th 2021 – Outcomes**

First of all, we would like to thank all our members that have assisted and have contributed to the 27th ENOTHE General Assembly Meeting online on October 14th 2021. We have welcomed our Honorary members, COTEC, ROTOS, WFOT observers, SPOTEurope President, and our auditors. We are proud ENOTHE gained new members in 2021. Our president, Soemitro Poerbodipoero was re-elected. Panagiotis Siaperas has stepped down as ENOTHE board member. We are grateful for his eminent work all these years. Besides, we would like to give special recognition to Athens Metropolitan College for supporting the developments of ENOTHE.

New board members, Vanessa Röck and Caroline Fischl were voted (see their presentations further).

Ton Satink stepped down from the auditor's position after years of his meaningful contribution, but will actively continue Think Tank member's role. Saskia Buschner was voted and has joined as a new auditor (see her presentation further).

During the meeting, besides the annual report, we have presented the outcomes for the pre-GA workshops on Strategy plan, ECOLE and Marketing and Economic sustainability. Our board members work hard to give continuity to the results of these workshops. Upon the member contributions, ENOTHE Board has prioritized actions for the forthcoming years. ECOLE will open new calls for the courses, start-up up the projects and organize the number of webinars, continuing a new edition of the ENOTHE student summer course. ENOTHE will start the reviewing of the TUNING process and development the corresponding recommendations. The new marketing and financial sustainability strategy will be developed and implemented.

ENOTHE looks forward to organizing Annual meetings in Georgia 2022, Spain 2023, and Portugal 2025. We hope that despite the pandemic, we will be able to organize a hybrid meeting in Georgia, adding an extra day for a pre-conference workshop on Tuning and a very interesting programme that will permit active discussions and building partnerships through meet-up spaces.

Maria Kapanadze – Vice-President ENOTHE

Soemitro Poerbodipoero – President ENOTHE

## **ENOTHE Welcomes new Board members!**

### What is the main achievement of your career in OT?



**Vanessa Röck**

Currently, I am working in the Occupational Therapy Department at the Health University of Applied Sciences Tyrol (Innsbruck, Austria) and in psychosocial consultancy for people in vulnerable situations due to the COVID pandemic, such as e.g. refugees and migrants. Next to graduating from the European Master of Science in Occupational Therapy, one of my main achievements over the last years has been being part of the growth of the SPOTEurope network as a Student Representative and as Student Board Member. During that time, I have hosted workshops about SPOTEurope and was involved in projects such as the first ENOTHE student summer course, SPOTEurope's StayHome campaign or the student involvement in the COTEC-ENOTHE congress.

### What I have to offer to ENOTHE

I bring in four years of being involved in SPOTEurope and two years of being part of the ENOTHE board. Therefore, I have an insight into current developments, as well as regarding ENOTHE but also regarding the students' viewpoints across Europe. Moreover, I can offer ENOTHE my passion for internationalisation, my voice and ideas as a young colleague, the motivation to learn and grow and my team work and networking skills. Last but not least, since ENOTHE is registered in Austria, I can help out with my German and local organisation skills.

### What are your dreams concerning the future of ENOTHE?

My dream for the future of ENOTHE is to be responsive towards current developments such as social, environmental and digital changes and challenges, in order to provide occupational therapy students an education that is preparing them for their future. To fulfill this dream, I aim for the further development of ECOLE as well as towards a strong collaboration between members and students and within the OT Europe umbrella.



**Caroline Fischl**

What is the main achievement of your career in OT?

Two main achievements so far: (1) Contributing to the knowledge on how to support older adults to engage in daily activities that involve the use of digital technology; and (2) Contributing to the education and professional development of occupational therapists for more than a decade.

What I have to offer to ENOTHE

Commitment to serve and fresh ideas inspired by multiprofessional and multicultural collaborations, pedagogical interests, and experiences as an occupational therapist, educator, international contact person, program manager, and researcher.

What are your dreams concerning the future of ENOTHE?

I would like ENOTHE to be a reliable resource and hub for occupational therapy educators in Europe where they could share and test their ideas on pedagogics and content in occupational therapy education in all three education cycles. I would also like to see ENOTHE as a leading network for establishing collaborations and building partnerships to address current and emerging issues relating to occupational therapy and sustainable health and welfare through education.



**Vanessa Rozalina**

What is the main achievement of your career in OT?

Being a member of ENOTHE and SPOTEurope, as well as having the opportunity to represent the student's voices within these two boards.

What do I have to offer to ENOTHE?

Bringing in my passion for internationalisation, student perspectives, and my enthusiasm to contribute ideas that will help grow the ENOTHE network into different countries and the development of OT-Europe.

What are your dreams concerning the future of ENOTHE?

Cultivating the partnership between SPOTEurope and ENOTHE and thus a strong collaboration between students and OT lecturers/researchers to prepare OT students for the future. Another dream would be to connect and support students with international events to broaden their horizons about Occupational Therapy globally. As a student board member, another aim would also be to create more miniSPOTs across Europe and in other countries and connect OT students from other countries to increase student networking

## **ENOTHE welcomes the new Auditor Saskia Buschner!**



Treasurer Sigitas Mingaila, the ENOTHE Board and Office wish to warmly welcome Saskia Buschner into her new position. Saskia joins Brigitte Loder-Fink who make up the auditor team within ENOTHE. Saskia is based in the Occupational Therapy Department at Wanneseeschhulen Berlin, Germany.

Saskia attended her first ENOTHE Annual Meeting back in 2007 in Cork, Ireland.

Saskia describes her strengths as being reliable, able to work collaboratively with others and a creative and innovative thinker. Saskia does have experience working with budgets and balances and is keen to

share her knowledge and experience.

Saskia will be a valued addition to the ENOTHE auditor role and we look forward to working together over the next four years.

## **ENOTHE Presentations**

In the past year ENOTHE has been involved in conferences and development of OT programs in mostly the eastern side of Europe. Presenting with SPOT Europe about the challenges of dealing with the pandemic in education during the *4th international conference in Poznan, Poland*. Contributing to building bridges in the Balkan region at the *4th scientific conference of Occupational Therapy* celebrating the 15th years of OT Education at the University of Ruse. And also consulting in the development of *OT Programs in the Ukraine and in Croatia*. We are very pleased that nowadays, also through OT Europe's improved relationship with WFOT, ENOTHE has been invited to join developments of new program in early stages, which facilitates matching with suitable partners from our member's network. Right after the GA ENOTHE was also invited to contribute to the *50th anniversary of OT Education in Vienna, Austria at FA Campus Wien*. It was the first (and last) in-person congress ENOTHE participated in and it was like always energizing to meet members in 'real life' and promising for a new year ahead.

Soemitro Poerbodipoero – President ENOTHE

## **Webinars and Summer School development**

The ENOTHE board is very excited to announce that the **second edition of the online student summer course** is under development. Since it is very early in its development, we cannot tell much but please keep you updated through our social media channels.

The students' evaluations from the first course were very positive and that is why we have decided to support the second edition of this course. As a facilitator of the first course, it was my pleasure to work with the universities involved and I am looking forward to working with the (new) team. On behalf of the ENOTHE Board, we hope to continue facilitating this type of initiative that focuses on responding to current educational demands.

**Webinars** are also in the planning after a very successful first year. We are hoping to have a couple of webinars before the summer using our new platform (Teams). The webinars will be conducted by experts from the network and be chosen based on the network members' interests. In response to the challenge that the covid-19 pandemic placed on the profession and considering the digital competencies that were required during this time, the webinars were created to facilitate development of needed skills but also to strengthen the network's collaboration, exchange of knowledge and discussion during this difficult time.

Hope to see you soon in Teams and take care,

Lisette Farias, ENOTHE Board Member

## **ENOTHE Members Information - Reminder for survey**

ENOTHE is very happy to see that a lot of members have filled out the survey on ENOTHE Members Information when it was send out after the General Assembly. This questionnaire intends to gather information about ENOTHE members regarding their specific characteristics in order to allow a broad view and hence enable, support and promote further networking opportunities. It is very important that all members fill out the questionnaire so we can start mapping all characteristics of educational programs and institutes. We often get questions from members on how to find each other? Which members are strong on certain topics or curricula? How many students and teachers are there? All information for which ENOTHE would like to take responsibility to share as we should. But this is only possible with the help of the ENOTHE representatives. So if you have not done this yet, please take the opportunity to make yourselves valid and visible and fill out the questionnaire – you can find it in your email inbox.

Soemitro Poerbodipoero – President ENOTHE

Maria Kapanadze – Vice-President ENOTHE

# OT-Europe News and Updates

We are pleased to announce that from January 2022, ENOTHE takes turn in chairing Occupational Therapy Europe. Both president and vice president of ENOTHE represent OT Europe together with the other executive committee members. The Occupational Therapy Europe Executive Committee has finished working on the new strategic plan, action plan 2022, finance and registration of the bank account, governance and management of the register of experts, and work plan for OT-Europe webinars. A new series of webinars starts end of January with an informative kick-off about the past and future of Occupational Therapy Europe. A good introduction for members who want to know more about the *why*, the *what* and the *how* of OT Occupational Therapy Europe. See the invitation below and register here: [link](#)



The image shows a webinar invitation card for Occupational Therapy Europe. At the top left, there are three vertical bars in grey, red, and grey. To the right is the Occupational Therapy Europe logo, which consists of three interlocking circles in grey, red, and grey, with the text 'Occupational Therapy Europe' to its right. Below the logo is a red horizontal line. The main title of the webinar is 'Occupational Therapy Europe now and into the future'. The description reads: 'Come and hear about what OT-Europe is doing for you, as an Occupational Therapist within Europe. Find out about future directions and how to be a part of influencing where our profession is going in at a European level. Ask questions and let us hear your ideas and opinions.' The moderator is Panagiotis Siaperas. The speakers are Soemitro Poerbodipoero (President), Stephanie Saenger and Marie-Antoinette Minis (Founder Past Presidents). The webinar is on 27th January 2022 at 5pm CET and is free.

Under OT-Europe umbrella, ENOTHE has participated in working groups of the EU Stakeholder Network (HFE; EHMA) 'Profiling and training the health care workers of the future'. Through OT-Europe ENOTHE is now invited earlier in processes of developing OT Programs throughout Europe initiated by associations and WFOT. Last, but not least for the future: we are pleased to start the organization of the first OT-Europe Congress in Poland Caroline Fischl will represent ENOTHE and will be part of the organizing committee. The Scientific committee will be led by ROTOS and a third partner company Mazurkas will be responsible for professional congress organization. Fees and important dates will be added to the brand new website <https://ot-europe2024.com/> early 2022. Take a sneak preview!

Soemitro Poerbodipoero – President ENOTHE

Maria Kapanadze – Vice-President ENOTHE

# SPOT News

Dear ENOTHE members,

A lot has happened in the last few months since our last update on our work and we are happy to share a summary of it through ENOTHE's newsletter.

The first thing we would love to share was our collaboration with both SPOT Prague and with ENOTHE's board members for the 2nd COTEC ENOTHE congress. The congress was a very insightful experience for everyone involved. Together with SPOT Prague, we organized the pre & post-congress sessions. The post-congress created a space for sharing, discussing and reflecting on the congress. We are thankful for the opportunities and would like to quote SPOT Prague on their experience: *"We felt like we were able to create something new! In the beginning, we had a vision of connecting the students and letting them know that they are not alone in the world of the international congress. We worked together to create a safe place to share and I think we succeeded. Even though it was held online we think there was a great atmosphere."*



Another event we had was the first-ever ENOTHE Student Summer Course from the 12th-15th of July 2021, which took place online. The topic was: *Digital Perspectives on Occupational Therapy Education*. Students all over Europe (Bachelors and Masters) took part in the course and two of our board members, Bruna and Vanessa Roeck, as well as SPOT Prague, rounded up the program with SPOTEurope input and campaigns!



You can get more information on this topic in our most recent newsletter, published on the 5th of November (<https://www.spoteurope.eu/newsletter/>)

We would also like to announce some changes to the SPOTEurope board. Our former vice-president, Julie Valckx, has now become our president replacing Cassandra Christianen. Megan Zina has recently joined our board and is now occupying the role of the outreach coordinator. Vanessa Rozalina also joined our board quite recently and after occupying the role of the social media coordinator, she became our Student Board Representative, taking over for Vanessa Roeck. Along with getting used to her role, Vanessa Rozalina has been working to connect OT

students across Europe, for example in Belgium by collaborating with the universities to create MiniSPOTS and projects regarding internationalizing and supporting the collaboration between ENOTHE and OT students. Our former Student Board Member, Vanessa Roeck, has accomplished many things in her role as a Student Board member in the past months. She has successfully managed the aim to connect OT students across Europe, forming miniSPOTS and creating a solid collaboration between SPOTeurope, OT students and ENOTHE. She managed this by attending ENOTHE Board meetings. Also, when it comes to collaboration, Vanessa Roeck had worked with SPOTprague to prepare for the COTEC-ENOTHE Congress 2021 in Prague, and also being involved in the ECOLE Think Tank, organizing the first ENOTHE student summer course and sharing keynotes with ENOTHE.

We had to say goodbye to some members since they have graduated from OT school, but we also have gained two new members, Ulrik Løth Holm (*general board member* → *new role within SPOTeurope*) and Kira Hanssmann (*blogger*), who are now adjusting to their roles on the board.

Lastly we have some miniSPOT updates. Mini Spot Hacettepe organized an occupational therapy symposium to celebrate World Occupational Therapy Day. SPOTeurope was there to talk about internationalization amongst students and the different options there are. Mini SPOT Prague decided to celebrate World Occupational Therapy Day via their social media where OT students could see the work of its new members posted. Since this year's topic was "Belong. Be you." They took the initiative to announce an ERGOHOST event regarding mental health!

Thank you for your time and we, SPOTeurope, wish you well and happy winter holidays!



Email: [info@spoteurope.eu](mailto:info@spoteurope.eu)

Website: [www.spoteurope.eu](http://www.spoteurope.eu)

# News from Members

## Belong be you!

World Occupational Therapy Day-Department of Occupational Therapy, University of Western Macedonia, Greece 2021

The Department of Occupational Therapy, located in the University of Western Macedonia, Greece is a recently founded (October 2019) Occupational Therapy Department and also one of the newest members of ENOTHE.

During the recent world Occupational Therapy day, the department hosted an introductory meeting in association with the Hellenic Association of Ergotherapists. During this meeting, members of the association gave an interesting speech concerning the historical presence of Occupational Therapy in the Hellenic territory. The discussion that followed further introduced the students in the current structure of the association while emphasizing the present and future challenges of the profession.



A second event also took place as a celebration of the world Occupational Therapy Day. Motivated by this year's heading 'Belong. Be you', introduced by the World Federation of Occupational Therapists-WFOT, the Occupational Therapy Department in association with the Community Foundation of Eordaia Municipality, hosted a provocative theatrical performance under the title 'GOUTOU GOUPATOU' written by Alexandros Papadiamantis. The play was performed by the inclusive theatrical team called 'En Dynami'. This team is compiled by various members with and without disabilities and shares a strong activist orientation.



The play introduced the audience to an alternative structure of life and art, motivated by a rich conceptual background. By playfully enacting several concepts such as the uncanny,



normality-difference and the idea of alienation, the actors tried to speak about a new pathway for social integration and participation, which ultimately provides an opportunity for self-empowerment. The play was introduced to a large audience on Monday 8/11/2021 in the Ptolemaida Cultural Center with great success. The performance was followed by a very interesting conversation where actors, members

of the 'En Dynami' team and the audience, underscored the need for further societal involvement on issues of social inclusion and wider acceptance for facilitating a sense of social belonging. The idea of belonging resonates with the diachronic vision of occupational therapy about greater social acceptance, human equality and occupational justice. In this sense art functions as a medium to achieve these indelible goals.

Information about the play:

Artistic management: Eleni Dimopoulou,  
 Director: Giorgos-Zisis Mpiliolis, Dramaturgy:  
 Giota Kouitzoglou, Music: Kostas Vonvolos,  
 Scenography: Evangelia Kirkine, Kinesiology:  
 Vitoria Kotsalou, Lighting-Constructions:  
 Richard Anthony, Musical Teaching: Maria  
 Hela, Director's assistant: Agape Theodoridou  
 Kounini, Assistive Recordings: Tanya Jones,



Video-Phtography: Sofia Kirina, Sofia Konstantinidou, Brochure-Poster & digital materials:  
 Faethon Vendors, Production Management: Sofia Kirina, Eleni Dimopoulou.

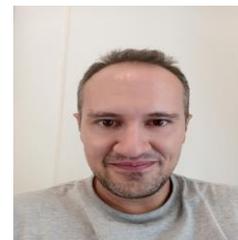
Actors in alphabetical order: Ilias Kougioumtzis, Panagiotis Matziris, Sofia Mpletsou, Michalis Ntolopoulos, Charis Serdari, Danae Tsorlini.



Dr. Aikaterini Katsiana



Dr. Ventoulis Ioannis



Dr. Georgiou Konstantinos

## "Ideathon for the Sustainable Development Goals"

Students and professors of the Occupational Therapy Degree of the Faculty of Health Sciences (University of Castilla La Mancha) of Talavera de la Reina-Spain, have participated from November 4 to December 2, 2021 in the "Ideathon for the Sustainable Development Goals". Activity developed in collaboration with the Fundación Cibervoluntarios and the Empodera.org initiative; an initiative endorsed by the United Nations. The main objective of this Ideathon was to enable future occupational therapists to broaden their knowledge about the 2030 Agenda and the Sustainable Development Goals, and how these can and should be taken into account in their future occupational interventions,



in order to facilitate the reduction of inequalities and life in a more just and sustainable world. On the other hand, another of the objectives pursued by this activity was to put students of the degree of Occupational Therapy in contact with entities located in the same territory in which our university is located and that could raise real occupational problems of the population of Talavera de la Reina. Thanks to this activity, the students together with the professionals of the collaborating entities have been able to develop under the umbrella of a service-learning methodology innovative projects with social impact to increase the occupational participation of citizens. Among the ideas proposed by the Occupational Therapy students to respond to the challenges posed by the entities, there have been very interesting initiatives related to improving the social and labor integration of people with autism spectrum disorder, the proposal of initiatives to alleviate the differences between the gender roles of people caring for family members with Alzheimer's disease or the proposal of intergenerational activities to promote community participation.



Dr. Pablo A. Cantero Garlito

Associate Dean of Communication, Cultural Extension and Occupational Therapy.

Faculty of Health Sciences (University of Castilla La Mancha)

## Development of a telerehabilitation tool for

### Occupational Therapy: ValTO APP



Telerehabilitation represents a new and emerging approach that can constitute valid support during the home rehabilitation process that improves motor,

cognitive and / or psychological aspects. Faculty Padre Ossó and Medicus Mundi has been carrying out the project "Tendiendo Puentes, Construyendo Capacidades" for four years. As a result of this project, different materials and tools have emerged for occupational therapists, such as a protocol guide, or the organization of free conferences in all academic courses for improve collaborative work, and open new job opportunities to our students of the Degree in Occupational Therapy



The project team is currently developing a free access tool that occupational therapists can use to record all the activities, evaluations, follow-up videos and written information of the users, accessible from their own mobile and shared with the rest of the users, professionals of the same service. You can check it at <https://valto.facultadpadreosso.es/>

#### Features

- 1.- Help app for the basic exploration of patients with functional diversity of any etiology.
- 2.- Collection of queries developed in the form of decision trees, with dynamic updating of the query paths.
- 3.- Advise to those entities or people who work with patients with different capacities and who cannot access an Occupational Therapy service.

This service is especially relevant in development cooperation contexts. Professionals in Southern countries have difficulties accessing specialized services, updating their training and consulting with other colleagues. The application will allow access to a set of services in an agile and simple way, with the support and collaboration of the Degree in Occupational Therapy of the Faculty Padre Osso.

<https://valto.facultadpadreosso.es/>



Estíbaliz Jiménez Arberas - Occupational Therapy Degree Coordinator  
Facultad Padre Ossó (centro adscrito a la Universidad de Oviedo)



## **Help2Care: Help to Care for Dependent People and Caregivers**

The ageing of the population is an undeniable social and demographic fact that occurs in developed societies. Additionally, the increase in the number of adults and older people who are dependent in self-care, associated with the rising life expectancy, has resulted in the growing need for appropriate training in care provision using an interprofessional approach (Dixe et al, 2021). Since caregivers represent an essential part of the care network is essential to support them managing their challenges when looking after someone. The conventional basic training models for each healthcare area are designed separately, to the detriment of an interprofessional and collaborative training model. Based on this, an interdisciplinary, collaborative, multiregional, and research-based practice project was created at Polytechnic of Leiria, in Portugal.

Its main goal was to develop a care training model for caregivers and for the dependent person and to train the health care professionals for its use. The care model included a training manual for the caregiver (paper, audio and digital format), digital platforms (website and app) and a manual with the care training model to be used by the health professionals.

This project involved professionals, researchers, caregivers, stakeholders and undergraduate students from different areas such as Occupational Therapy, Speech Therapy, Physiotherapy, Dietetics and Nursing. It also involved students from different courses: Health Information Sciences, Illustration and Graphic Production Course, Master in Accessible Communication who helped in developing the tools and the digital platform that support the training model.

This successful project proved that interdisciplinary work is the way forward and should start with an interdisciplinary approach in undergraduate degrees. Since "interprofessional education is an important pedagogical approach for preparing health students to provide patient care in a collaborative team environment" (Buring et al, 2009, p1).

More information about this project can be found on: <http://www.help2care.pt>

### **References:**

Dixe et al (2021). Development and psychometric validation of a multidimensional scale on the self-care needs of dependent people. *Journal of Interprofessional Education & Practice* [Internet]: Available at: <https://doi.org/10.1016/j.xjep.2021.100427>

Buring et al (2009). Interprofessional Education: Definitions, Student Competencies, and Guidelines for Implementation. *Am J Pharm Educ* [Internet]: Available at: <https://www.ncbi.nlm.nih.gov/pmc/articles/PM C2720355/>.

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ESCOLA SUPERIOR  
DE SAÚDE



## Glasgow Caledonian University Occupational Therapy Week (1-7 November 2021) #OTsForEquity

The award winning Occupational Therapy Society at Glasgow Caledonian University has shared their reflections on participating in the Royal College of Occupational Therapists Occupational Therapy week. This year we kicked Occupational Therapy week off by launching our competition promoting health equity. Inspired by the RCOT campaign and theme for this year, we encouraged students to share with us what health equity meant to them. We received entries from students and chose at random a winner. The winner was 1<sup>st</sup> year GCU student Abby Ward. It was great to hear students views and encourage engagement on our social media platforms. On the Tuesday evening we held a 'Let's talk research' event. We had four amazing speakers, Professor Edward Duncan, Chris Lovegrove, Dr Katie Thomson, and Ciara Ryan. They spoke about their different career paths, opportunities, as well as the joys and challenges of the academic side of Occupational Therapy! The topics of discussion were interesting to be a part of, and we really appreciated them taking the time to answer students' questions. It was full of information and left attendees feeling inspired for their own course based research modules! We ended the week with the one and only Professor Michael Iwama, who has had such an amazing influence within the Occupational Therapy world. Michael's words were inspiring and motivating. "As OTs, we need to become the students to our clients who are the theorists -

listen to their stories.". We are hugely grateful to Professor Iwama for sharing with us and to everyone who joined us to listen.

We sold many tickets for our events over the week and were fortunate enough to upgrade our zoom account which allowed us to open our events to all students across the UK, as well as University lecturers and Occupational Therapists in practice. From our ticket sales, we managed to raise an amazing £250 for our student nominated charity, BEAT Scotland. We would like to thank all of our department staff and lecturers for their support in sharing and attending our events, and thank you to the committee members who work so hard planning and organising these events, without them this would not be possible.



## Taking occupational therapy to the streets: International Occupational Therapy Day 2021

Faculty Padre Ossó, in collaboration with the Official Association of Occupational Therapy of Asturias, has organised a series of activities the past 27<sup>th</sup> October, with the aim of highlighting the value of Occupational Therapy for society.

During the day, the public could participate in three workshops placed in a centric square of the capital, Oviedo: "Take my place", in which a person could experience how life is with a disability; "sensory stimulation", where the children could work with their senses through different games, and an "accessibility circuit", showing how it could be to move around the city with a wheelchair, a walking-stick or a blind cane.



The workshops, open and free to the public, were guided by students of the Occupational Therapy Degree of the Faculty Padre Ossó, centre attached to the University of Oviedo, with the supervision of their lecturers and occupational therapists from the regional Association.

In addition, an information point was placed in a street nearby, where the public was offered news about the profession, the academic studies, or the activities of the regional Association.

The public were given a card in the first workshop, which needed to be stamped in every activity. When all the stamps were completed, each participant would receive a supporting product as a gift.



The awareness day had excellent results, with the participation of



a large audience, the presence of institutional representation of both Health and Social Services Departments of the regional Government, and numerous appearances in media.

Estíbaliz Jiménez Arberas - Occupational Therapy Degree Coordinator  
Facultad Padre Ossó (centro adscrito a la Universidad de Oviedo)

### III Award Dr. Silvia Sanz Victoria

The scholarship aims to remember and give tribute to Dr. Silvia Sanz Victoria, who left us on 17 May 2018, after 10 years as a teacher at the University School of Nursing



and Occupational Therapy of Terrassa, Autonomous University of Barcelona (EUIT/UAB). Dr. Silvia Sanz's career was marked by her concern about people's challenges and the development of Occupational Therapy, as well as by her dedication and interest in students' learning. The scholarship aims to give continuity to her legacy, her career and her contributions to the development of the discipline of Occupational Therapy.

2021 Award in the category of the professional field was given to the work of Laura Garcia: "Itinerant sensory integration room in a rural school environment. About an intervention from Occupational Therapy".

2021 Student Award have received Carolina Figueras for the work "Occupational Therapy intervention in chronic pain fatigue caused by gender violence."

For more information, consult: <http://euit.fdsll.cat/es/beca-doctora-silvia-sanz-victoria/>

Dr. Maria Kapanadze  
Investigator Profesor  
Occupational Therapy Degree



# News from Projects & Partners



## COPILLOT

Several years ago the ENOTHE meeting was the cradle to form a group and create intercultural online module in Occupational Therapy. With the support from ENOTHE project resources we could acquire an Erasmus+ Strategic Partner funding. COPILLOT was born!

From May 2018 until September 2021 COPILLOT created 8 online modules (f.i. 1<sup>st</sup> years: Am I an OT, 2<sup>nd</sup> years: Family Occupations through generations, 3<sup>th</sup> years: Digitalization...) a model showing how to implement COIL modules and a manual as guideline to run a COIL module in your institution. Many videos as part of the modules have been created and there is an annotated collection of links to more than 200 open educational resources. All partners implemented several COIL modules in the OT curriculum.

All this is open source and consultable on the [Webinar COPILLOT](#)

Feel free to ask more information to Ulla Pott [ulla.pott@zuyd.nl](mailto:ulla.pott@zuyd.nl), Maria Prellwitz [Maria.Prellwitz@ltu.se](mailto:Maria.Prellwitz@ltu.se), or Siska Vandemaele [siska.vandemaele@howest.be](mailto:siska.vandemaele@howest.be).

With the end of COPILLOT we have to say goodbye to the lead of the COPILLOT project Elisabeth Fattinger and the Bulgarian partner Liliya Todorova. They are enjoying their retirement since 1<sup>st</sup> December '21. We wish them all the best and thank them for the endless commitment in COPILLOT!

Siska Vandemaele – Occupational Therapy Lecturer

Howest - de Hogeschool West-Vlaanderen (Associated with the University of Gent)

# 27th ENOTHE Annual Meeting

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|  <p><b>ENOTHE</b><br/>European Network<br/>of Occupational Therapy<br/>in Higher Education</p> |  <p><b>27<sup>th</sup> Annual Meeting</b><br/>14-16 October 2022<br/>Tbilisi / GEORGIA</p> <p>IVANE JAVAKHISHVILI TBILISI<br/>STATE UNIVERSITY</p> |
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## Designing transitions: are we ready for the unexpected?

### Transitions In Occupational Therapy:

- Education
- Paradigm
- Status
- Research culture
- Digital access

### Social transformation through:

- Education & Curricula
- Development of the fieldwork
- Addressing diversity

### Designing Sustainability:

- Green Programmes
- Green Environments

The members of the Occupational Therapy Bachelor Program at the faculty of Psychology and Education Sciences, together with The Georgian Occupational Therapy Association (GE-OTA), feel honoured to host and welcome the 27<sup>th</sup> ENOTHE annual meeting at the Ivane Javakhishvili Tbilisi State University (TSU) on October 2022, Georgia.



# ***1st OT-Europe Congress 2024***

Save the dates, 15-19 October 2024, to participate in the first OT-Europe Congress!

The congress will be held in Kraków, Poland and co-hosted by the Polish Occupational Therapy Association.

Abstract submission is preliminary set to open in August 2023 and close in January 2024.

Registration fees are still being discussed, but there will be discounted fees for ENOTHE members and students.

Bookmark the congress' website <https://ot-europe2024.com/> to receive updated information.



## **1<sup>st</sup> Occupational Therapy Europe Congress**

15-19 October 2024, Kraków

**We encourage you to participate actively in all our activities!**

**Check regularly our website, follow us and publish with us on social media.**

# ENOTHE

European Network  
of Occupational Therapy  
in Higher Education



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